

# TWO STEP ALONE

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**Count:** 32      **Wall:** 2      **Level:** Beginner contra dance

**Choreographer:** Joanne Brady & Gordon Elliott

**Music:** I'll Two Step Alone by Scooter Lee

## ROCK STEP & KNEE POPS

**1(Q) Step left toe to left side with weight on toe**

**&(Q) Rock back onto right foot with left toe still pointed**

**2(S) Bring left toe home with weight on left toe bending left knee bringing left heel off ground (toe tap)**

**3(S) Bend right knee and bring heel off ground putting weight on right toe**

**4(Q) Step right toe to right side with weight on toe**

**&(Q) Rock back onto left foot with right toe still pointed**

**5(S) Bring right toe home with weight on right toe bending right knee bringing right heel off ground (toe tap)**

**6(S) Bend left knee and bring heel off ground putting weight on left toe**

## FORWARD & BACK BASIC 2-STEP

**7(Q) Step left foot forward**

**&(Q) Step right foot forward**

**8(S) Step left foot forward**

**9(S) Step right foot forward**

**10(Q) Step left foot back**

**&(Q) Step right foot back**

**11(S) Step left foot back**

**12(S) Step right foot back**

### **LEFT SIDE TOGETHER-RIGHT CROSSOVER**

**13(Q) Step left foot to left**

**&(Q) Step right foot next to left**

**14(S) Step left foot to left**

**15(S) Step right foot next to left**

**16(Q) Cross left foot over right (weight is now on left foot)**

**&(Q) Step right foot to right side**

**17(S) Step left foot next to right**

**18(S) Step right foot in place**

### **FORWARD BASIC 2-STEP- $\frac{1}{2}$ TURN**

**19(Q) Step left foot forward**

**&(Q) Step right foot forward**

**20(S) Step left foot forward**

**21(S) Rock back on right foot**

**22(Q) Step left foot forward making  $\frac{1}{4}$  turn right**

**&(Q) Step right foot in place making  $\frac{1}{4}$  turn right**

**You are now facing new wall & have made  $\frac{1}{2}$  turn**

**23(S) Step left foot in place**

**24(S) Step forward & rock onto right foot**

## **BACKWARD BASIC 2-STEP**

**25(Q) Step left foot back**

**&(Q) Step right foot back**

**26(S) Step left foot back**

**27(S) Bring right foot next to left**

## **LEFT SIDE TOGETHER-STEP, SLIDE**

**28(Q) Step left foot to left**

**&(Q) Step right foot next to left**

**29(S) Step left foot to left**

**30(S) Tap right next to left**

**31(S) With right foot take a large step to right**

**32(S) Slide left foot next to right (bring left toe next to right while the weight stays on your right foot)**

## **REPEAT**