

You Are Not Alone

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Novice - NC

Choreographer: Tanja Elfstroem. Lone Darling (Sept 2012)

Music: "You Are Not Alone" by Michael Jackson

Basic Step R, Step Side, Step Back x3, Coaster Step, Full Turn

1RF step out to the side

2LF step behind RF, 3. position

&RF cross over LF

3LF step out to the side

4RF step diagonal back (1.30)

&LF step diagonal back (1.30)

5RF step diagonal back (1.30)

6LF step diagonal back (1.30)

&RF step together

7LF step diagonal forward (1.30)

8RF ½ step back, turn left (7.30)

&LF½ step forward (1.30)

Step Forward Sweep, Cross, Step Back, Step Side Sweep, Cross, Step Back, Basic Step R, Step Side, Cross Step, Step Side

1RF step diagonal forward, sweep with LF

2LF cross over RF

&RF step back

3LF step out to the side, sweep forward RF

4RF cross over LF

&LF step back

5RF step out to the side

6LF step behind RF, 3. position

&RF cross over LF

7LF step out to the side

8RF cross over LF

&LF Step out to the side

*** (Restart)**

Rock Diagonal, Recover, $\frac{1}{4}$ Step, Cross, Unwind, Step Forward, Lockstep, Step Forward, $\frac{1}{2}$ Turn

1RF rock diagonal forward left (10.30)

2LF recover

&RF $\frac{1}{4}$ step forward (3.00)

3LF cross over RF

4,&RF unwind full turn (3.00)

5LF step forward

6RF step forward

&LF lock back RF

7RF step forward

8LF step forward

&RF turn $\frac{1}{2}$ right (9.00)

Walk Forward X3, Step Forward, $\frac{1}{2}$ Turn, Big Step Forward, Full Turn, $\frac{1}{4}$ Basic Step L

1LF step forward

2RF step forward

3LF step forward

4RF step forward

&LF ½ turn left (3.00)

5RF big step forward

6LF ½ step back , turn right (9.00)

&RF ½ step forward (3.00)

7LF ¼ step out to the side (6.00)

8RF step behind LF, 3. position

&LF cross over RF

Tag: 4 counts after wall 3

Basic Step R, Basic Step L

1RF step out to the side

2LF step behind RF, 3. position

&RF cross over LF

3LF step out to the side

4RF step behind LF, 3. position

&LF cross over RF

*** Restart: after the first 16 counts on wall 6.**

The end