

# Sugar

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**Count:** 64

**Wall:** 4

**Level:** Intermediate - Non-Country

**Choreographer:** Helen Hiimäe (Nov. 2015)

**Music:** 'Sugar' by Robin Schulz

## **Intro: 64 count**

**(1-8) R shuffle, cross, side, back-touch 2x**

**1&2step R right side, step L next to R, step R right side**

**3-4step L across R, step R right side**

**5-6step L back, touch R forward**

**7-8step R back, touch L forward**

**(9-16) L touch side-cross-side, cross, step back with turn 1/4 to left, L side, R touch across, R step forward**

**1-2touch L left side, touch L across R**

**3-4touch L left side, step L across R**

**5-6step R back with turning 1/4 to left, step L left side**

**7-8touch R across L, step R forward**

**Restart on 3rd wall with step changing**

**7-8touch R across L, kick R forward**

**(17-24) 1/2 turn left with prep, 1/2 turn left with shuffle, jazzbox**

**1-2step L forward with body turn right (prep), turn 1/2 left stepping R back**

**3&4turn 1/4 left stepping L left side, step R together, turn 1/4 left stepping L forward**

**5-6step R across L, step L back**

**7-8step R right side, touch L together**

**(25-32) Left side, touch, together, hitch, 1/2 turn right with hips bump**

**1-2step L left side, touch R forward right diagonally (slightly sit on L and turn upper body right)**

**3-4step R right side, step L together**

**5-6hitch right knee, turn 1/4 right stepping R right side with hip bump**

**7-8hip bump to left, turn 1/4 right stepping R forward**

**(33-40) L rock step, back-lock-back 2x, 1/4 turn left, hold**

**1-2step L forward, recover on R**

**3&4step L back, step R cross over L, step L back**

**5&6step R back, step L cross over R, step R back**

**7-81/4 turn left stepping L left side, hold**

**(41-48) Ball step bump 2x, rock step, heel, together, cross**

**&1-2ball step R next to L, touch L left side (L hip up), bump hip to right side (weight go to left foot)**

**(it is better to do it than slightly going down on your knee)**

**&3-4ball step R next to L, touch L left side (L hip up), bump hip to right side (weight go to left foot)**

**(it is better to do it than slightly going down on your knee)**

**Easier way:**

**&1-2ball step R next to L, step L left side, pause**

**&3-4ball step R next to L, step L left side, pause**

**5-6step R cross over L, recover on L**

**7&8touch R heel right diagonal, step R next to L, step L across R**

**(49-56) 1/2 turn left, sweep with 1/8 turn right, toe-heel-toe-heel**

**1-2 1/4 turn left stepping R back, 1/4 turn left stepping L left side**

**3-4 & step R across L, sweep L back to front, step L right diagonally forward (turn 1/8 to right: 7.30)**

**5&6 & touch R toe behind L, step R behind L, touch L heel forward, step L forward**

**7&8 touch R toe behind L, step R behind L, touch L heel forward**

**(57-64) Rock forward, back-lock-back, rock back, kick ball change with 1/8 turn right**

**1-2 step L forward, recover on R**

**3&4 step L back, step R across L, step L back**

**5-6 step R back, recover on L**

**7&8 turn 1/8 right (9.00) with kick R forward, step R together, step L together**

**Start again!**

**NB! Restart on 3rd wall with step changing after count 14**

**7-8 touch R across L, kick R forward**

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