

STOP RIGHT NOW

LINEDANCE.COM

Count: 32

Wall: 4

Level: Beginner/Intermediate level

Choreographer: Louis James Sequeira

Music: Stop by The Spice Girls

Counting-in: 32 counts after drum beat intro

SKATE SKATE FORWARD RIGHT SHUFFLE, SKATE SKATE FORWARD LEFT SHUFFLE

- 1,2** Skate Right forward in semi-circle to right, Skate Left forward in semi-circle to left
- 3&4** Step Right forward, Step Left behind Right, Step Right forward
- 5,6** Slide/Skate Left forward diagonally to left, Slide/Skate Right forward diagonally to right
- 7&8** Step Left forward, Step Right behind Left, Step Left forward

STEP RIGHT, RIGHT SIDE DRAG FORWARD RIGHT SHUFFLE STEP LEFT, LEFT SIDE DRAG FORWARD LEFT SHUFFLE

- 1,2** Take a long step Right to right, Drag Left to Right
- 3&4** Step Right forward, Step Left behind Right, Step Right forward
- 5,6** Take a long step Left to left, Drag Right to Left
- 7&8** Step Left forward, Step Right behind Left, Step Left forward

PADDLE TURN, RIGHT HEEL FORWARD, TAP RIGHT TOE BACK PADDLE TURN, RIGHT HEEL FORWARD, TAP RIGHT TOE BACK

- 1,2** Paddle Turn 1/4 : Place ball of R foot forward, pushing off onto L with a 1/4 turn left
- 3,4** Place Right heel forward, Tap Right Toe back
- 5,6** Paddle Turn 1/4 : Place ball of R foot forward, pushing off onto L with a 1/4 turn left
- 7,8** Place Right heel forward, Tap Right Toe back

LEFT VINE TURN 1/4 LEFT, FORWARD LEFT SHUFFLE FORWARD RIGHT SHUFFLE, FORWARD LEFT SHUFFLE

- 1,2** Step Left to left, cross right behind Left
- 3&4** Make 1/4 turn left stepping Left forward, do a forward left shuffle- Left, Right, Left
- 5&6** Forward Right Shuffle- Right, Left, Right
- 7&8** Forward Left Shuffle- Left, Right, Left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=73138