

SHUFFLE YOUR FEET'S

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Count: 32 **Wall:** 4 **Level:** Beginner/Intermediate level

Choreographer: Ingemar Kardeskog (Sweden) Sep 2005

Music: Shuffle Your Feets by Black Rebel Motorcycle Club from album Howl, ECS [148 Bpm]

Intro 32 counts from first beat

Section 1 Walk, Walk, Shuffle forward, Rock, Step, Triple $\frac{1}{2}$ Turn right

1.2 Walk L forward, Walk R forward

3&4 Step L forward, & Close R beside L, Step L forward

5.6 Rock R forward, Recover to L

7&8 Turn $\frac{1}{4}$ right stepping R to right side, & Close L beside R, Turn $\frac{1}{4}$ right stepping R forward

Section 2 Pivot $\frac{1}{2}$ right, Clap, Pivot $\frac{1}{2}$ right, Clap, Rock, Step, Sailor $\frac{1}{4}$ Turn left

1.2 Turn $\frac{1}{2}$ right stepping L back, Hold and Clap. Easier option: Step L forward, Hold and Clap

3.4 Turn $\frac{1}{2}$ right stepping R forward, Hold and Clap. Easier option: Step R forward, Hold and Clap

5.6 Rock L forward, Recover to R

7&8 Cross L behind R turning $\frac{1}{4}$ turn left, & step R beside L, Step L slightly to left side.

Section 3 Cross, Clap, & Step, Cross, Clap, Side Rock, Behind, Turn $\frac{1}{4}$ right, Step

1-2& Cross R over L, Hold and Clap hands, & Step L to left side

3-4 Cross R over L, Hold and Clap hands

5-6 Rock L to the left side, Recover to R

7&8 Step L behind R, & Turn $\frac{1}{4}$ right stepping R forward, Step L forward

Section 4 Step $\frac{1}{2}$ Turn Step, Shuffle forward, Rock Step, Triple $\frac{3}{4}$ Turn right

1&2 Step R forward, & Turn $\frac{1}{2}$ left onto L, Step R forward

3&4 Step L forward, & Close R beside L, Step L forward

5.6 Rock R forward, Recover to L

7&8 Turn $\frac{1}{2}$ right stepping R slightly in place, & Close L beside R, Turn $\frac{1}{4}$ stepping R slightly forward

Start again and Enjoy!

Music Suggestion: Sunshine in the rain by Bodies Without Organs [136 bpm]

Note: Follow metronome rhythm between base drum and handclap at 148 bpm.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=72131