

SWAMP SHAKE

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Anita McNab

Music: Raised On Swamp Pop Music by Willie Tee

SIDE ROCK, RECOVER, BEHIND AND CROSS

1-2 Rock right to side, recover to left

3&4 Cross right behind left, step left to side, cross right over left

POINT LEFT FORWARD, POINT LEFT SIDE, SAILOR ¼ TURN TO LEFT

5-6 Point left forward, point left out to left side

7&8 Cross left behind right ¼ turn to left, step on right, step on left

ROCK, RECOVER, TRIPLE ¾ TURN TO RIGHT, BUMP HIPS LEFT, THEN RIGHT

9-10 Rock right forward, recover on left

11&12 Triple ¾ turn, (shuffle right, left, right ¾ turn turning right)

13&14 Bump hips left, right, left

15&16 Bump hips right, left, right

STEP SIDE LEFT, SLIDE RIGHT BESIDE LEFT, SHUFFLE ¼ TURN TO LEFT

17-18 Step left to side, slide right beside left

19&20 Shuffle ¼ turn to left, (left, right, left)

FULL TURN TO LEFT STEPPING RIGHT, LEFT, SHUFFLE FORWARD (RIGHT, LEFT, RIGHT)

21-22 Step right ¼ turn to left, step left ¾ turn to left (weight on left)

23&24 Shuffle forward right, left, right

LEFT ROCK STEP FORWARD, LEFT COASTER STEP BACK

25-26 Rock left forward, recover on right

27&28 Back left, step right together, forward left (coaster step)

RIGHT HIP BUMP WHILE MOVING FORWARD, LEFT HIP BUMP

29&30 Bump hips right, left, right

31&32 Bump hips left, right, left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=41437