

THE ISLAND

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Count: 32

Wall: 2

Level: intermediate/advanced

Choreographer: Jan Wyllie

Music: Make Me An Island by Joe Dolan

FORWARD ROCK RETURN, & STEP ½, STEP FORWARD & PIVOT ½, STEP FORWARD & STEP TOGETHER

- 1-2** Rock/step forward on right keeping left in place, step back on left
& Making ½ right step forward on right
3& Step forward on left, pivot ½ right transferring weight to right
4& Step forward on left, step right, beside left

SIDE ROCK RETURN & SIDE ROCK RETURN & TOUCH

- 5-6** Side/rock left to left keeping right in place, rock weight sideways onto right
& Step left beside right
7-8& Side/rock right to right keeping left in place, rock weight sideways onto left, touch right beside left

FORWARD ROCK RETURN, & STEP TOGETHER, ½ LEFT, & ½ LEFT, ½ LEFT, & STEP TOGETHER

- 9-10&** Rock/step forward on right keeping left in place, rock back on left, step right beside left
11 Making ½ left back over left shoulder step forward on left
& Making a further ½ left step back on right
12& Making a further ½ left step forward on left, step right beside left

FORWARD ROCK RETURN, & STEP TOGETHER, ROCK BACK, ROCK FORWARD

- 13-14&** Rock/step forward on left keeping right in place, rock back onto right, step left beside right
15&16 Rock/step back on right, hook left across right, rock forward onto left

¼ ROCK ¼ RETURN, & ½ TURN, ¼ ROCK ¼ RETURN, & ½ TURN

- 17** Rock/step forward on right making ¼ left (keep left in place)
18& Making ¼ right rock weight back onto left, making ½ right step forward on right
19 Step forward on left making ¼ right (keep right in place)

20& Making $\frac{1}{4}$ left rock weight back on to right, making $\frac{1}{2}$ left step forward on left

$\frac{1}{4}$ ROCK RETURN, & $\frac{1}{2}$ TURN, STEP FORWARD & PIVOT $\frac{1}{2}$, STEP FORWARD & PIVOT $\frac{1}{2}$

21 Rock/step forward on right making $\frac{1}{4}$ left (keep left in place)

22& Making $\frac{1}{4}$ right rock weight back onto left, making $\frac{1}{2}$ right step forward on right

23& Step forward on left, pivot $\frac{1}{2}$ right transferring weight to right

24& Step forward on left, pivot $\frac{1}{2}$ right transferring weight to right

FORWARD ROCK RETURN, & $\frac{1}{2}$ TURN, STEP FORWARD & PIVOT $\frac{1}{2}$, STEP FORWARD & STEP TOGETHER

25-26 Rock/step forward on left keeping right in place, rock back on right,

& Making $\frac{1}{2}$ left step forward on left

27& Step forward on right, pivot $\frac{1}{2}$ left transferring weight to left

28& Step forward on right, step left beside right

FORWARD ROCK RETURN, & TOUCH UNWIND $\frac{1}{2}$

29-30 Rock/step forward on right keeping left in place, rock back on left

& Step right beside left

31-32 Touch left toe straight back, unwind $\frac{1}{2}$ left dropping left heel to floor

REPEAT

Rosie gave me this music and requested the dance - thanks for that. The song is in fast waltz timing, but I have chosen NOT to do a waltz