

# THE COUNTRY SHUFFLE

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**Count:** 48      **Wall:** 4      **Level:** intermediate

**Choreographer:** Dave Ingram & Sue MacFarlane

**Music:** I'm From The Country by Tracy Byrd

## KICK FRONT SIDE, SAILOR SHUFFLE, KICK FRONT SIDE, SAILOR SHUFFLE

- 1      Kick right foot front
- 2      Kick right foot to right side
- 3&4    Sailor shuffle, right, left, right
- 5      Kick left foot front
- 6      Kick left foot to left side
- 7&8    Sailor shuffle, left, right, left

## WALK, WALK, HOOK ½ TURN LEFT, COASTER STEP, CROSS, TOGETHER

- 9      Walk forward right
- 10     Walk forward left
- 11     Hook right foot behind left heel
- 12     Pivot ½ turn on ball of left foot
- 13&14   Coaster step, right, left, right
- 15     Step crossing left foot in front of right foot
- 16     Step right beside left

## APPLE JACKS WITH ½ TURN LEFT

- 17&    Swivel left toe and right heel to the left, back to centre
- 18&    Swivel right toe and left heel to the right, back to centre
- 19&    With 1/8 turn left, swivel left toe and right heel to the left, back to centre
- 20&    With 1/8 turn left, swivel right toe and left heel to the right, back to centre
- 21&    With 1/8 turn left, swivel left toe and right heel to the left, back to centre
- 22&    With 1/8 turn left, swivel right toe and left heel to the right, back to centre
- 23&    Swivel left toe and right heel to the left, back to centre
- 24&    Swivel right toe and left heel to the right, back to centre

### **KICK, KICK BALL CROSS, STEP TOGETHER, ROLLING VINE 1-¼ LEFT**

- 25 Kick right forward
- 26&27 Kick right, step on ball of right, cross left in front of right
- 28 Step right beside left
- 29-32 Rolling vine 1-¼ left

### **STEP FORWARD RIGHT, PIVOT ½ TURN R, STEP, TOUCH**

- 33 Step forward right
- 34 Pivot ½ right turn on ball of right foot
- 35 Step back left
- 36 Touch right beside left
- 37 Step forward right
- 38 Pivot ½ right turn on ball of right foot
- 39 Step back left
- 40 Touch right beside left

### **BUMP, BUMP, STEP SIDE, CLAP**

- 41 Step right to right as you bump hip right
- 42 Bump hip left
- &43 Slide left beside right, step right foot to right
- 44 Clap
- 45-46 Bump hips left, right
- &47 Slide right beside left, step left foot to left
- 48 Clap

### **REPEAT**

**When dancing to "I'm from the Country", After 7 complete repetitions of the dance, repeat section 6 (Bump, Bump, Step Side, Clap) only once, then repeat dance from the beginning.**