

# Runnin' Around

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**Count:** 64      **Wall:** —      **Level:** Improver

**Choreographer:** Di McGrorey. Forster, NSW. October 2017

**Music:** Runnin' Around, by Sons of the Palomino. iTunes. 3m.20s.

## **Intro: 16 counts. Weight on Left. Version 2.**

### **S1: Step, Rock, Cross Strut, Side, Behind, Side, Cross**

**1,2,3,4**    Step R to Side, Rock L to L Side, Cross Strut R Over L

**5,6,7,8**    Step L to Side, Step R Behind, Step L to Side, Cross Step R Over L

### **S2: Step, Rock, Cross Strut, Side Behind, Side Cross**

**1,2,3,4**    Step L to Side, Rock R to R Side, Cross Strut L Over R

**5,6,7,8**    Step R to Side, Step L Behind, Step R to Side, Cross Step L Over R #

### **S3: ¼ Turn Monterey, ¼ Jazz Box**

**1,2,3,4**    Touch R to Side, Turn ¼ to R, Step on R, Touch L to Side, Step on L

**5,6,7,8**    Cross Step R Over L, Step Back on L, ¼ Turn Step R to Side, Step L Together

### **S4: Side Shuffle, Back, Rock, Side Shuffle, Back, Rock**

**1&2,3,4**    Side Shuffle R, Rock Back, Step Forward

**5&6,7,8**    Side Shuffle L, Rock back, Step Forward

### **S5: Forward Lock, Shuffle Forward, Forward Lock, Shuffle Forward**

**1,2,3&4**    Forward R, Lock L Behind, Shuffle Forward on R

**5,6,7&8**    Forward L, Lock R Behind, Shuffle Forward on L

### **S6: Forward, Rock, ¼ Right to Side, Cross, Side, Behind, Side Cross**

**1,2,3,4**    Rock Fwd R, Step Back L, Turn ¼ R, Step R to Side, Cross Step L Over R

**5,6,7,8**    Step R to Side, Step L Behind R, Step R to Side, Cross Step L Over R

### **S7: Side, Rock, Cross Shuffle, ¼ Back, Rock, Forward, Scuff**

**1,2,3&4**    Rock R to Side, Step L to Side, Cross Shuffle R Over L

**5,6,7,8**    Step Back on L Turning ¼ R, Rock Forward R, Step Fwd L, Scuff R

### **S8: Pivot ½, Step Forward, Hold, Roll Forward, Forward, Hold**

**1,2,3,4** Step Forward R, Pivot ½ Turn, Step Forward R, Hold

**5,6,7,8** Roll Forward Right, Stepping L,R,L, Hold

**Start the dance again.**

**BRIDGE: Walls 2, 5 and 7 there is a Bridge. After 32 counts, add a rocking chair, then continue from count 33.**

**You will be facing 12.00 each time.**

**Wall 3. Restart the dance after the first 16 counts. #**

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