

RESCUE ME

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Gerda Klein

Music: Rescue Me by Ike & Tina Turner

WALK, WALK, TOUCH, STEP TOGETHER, SIDE STEP, HIP BUMPS, SAILOR STEP ¼ TURN RIGHT

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Touch right toes side right
- & Step right foot together
- 4 Side step left foot to left
- 5 Hip bump right
- 6 Hip bump left
- 7 Cross right foot behind left

&¼ turn right, side step left foot to left

- 8 Step right foot forward

TOUCH, SIDE STEP, HOLD, BALL CHANGE, PADDLE ¼ LEFT (2X), CROSS, TOUCH

- 9 Touch left toes forward
- 10 Side step left foot to left
- 11 Hold
- & Step right foot together on ball of foot
- 12 Step left foot forward

&¼ turn left, hitch right foot

- 13 Touch right toes to right side

&¼ turn left, hitch right foot

- 14 Touch right toes to right side
- 15 Cross right foot over left
- 16 Touch left toes to left side

HOLD, ½ MONTEREY TURN LEFT, HIP BUMPS

17 Hold

18½ turn left, step left foot together

19 Touch right toes to right side

20 Touch right toes beside left

21 Low hip bump right

& Return hips to center

22 High hip bump right

& Return hips to center

23 Low hip bump right

& Return hips to center

24 High hip bump right

WALK, WALK, ½ TURN LEFT WITH SWEEP, COASTER STEP, STEP FORWARD

25 Step right foot forward

26 Step left foot forward

27-28½ turn left, sweep right foot and touch toes beside left

29 Step right foot back

& Step left foot together

30 Step right foot forward

31-32 Step left foot forward (bring your weight slowly forward)

REPEAT