

# The Shield

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Karl-Harry Winson (UK) June 2011

**Music:** The Shield and the Sword (Almighty Remix (Radio Mix)) by Clare Maguire. Album: The Shield and the sword. (BPM:132)

## **Intro: 32 Counts (Start on lead vocals)**

### **(S1) Right Jazz box. Forward rock. Full turn Right.**

- 1 - 4      Cross Right over Left. Step back on Left. Step Right to Right side. Step Left forward.
- 5 - 6      Rock Right forward. Recover weight back on Left.
- 7 - 8      Make 1/2 Right stepping Right forward. Make 1/2 Right stepping Left back (12.00).

### **Can replace counts 7-8 with two walks back stepping: Right, Left.**

### **(S2) Back rock. Forward Shuffle. Forward rock. Back-lock-step.**

- 1 - 2      Rock back on Right. Recover weight forward on Left.
- 3&4      Step Right forward. Close Left beside Right. Step Right forward.
- 5 - 6      Rock forward on Left. Recover weight back on Right.
- 7&8      Step back on Left. Lock Right across Left. Step back on Left (12.00).

### **(S3) Touch unwind. Side rock-cross. Side touch. Left Kick ball-cross.**

- 1 - 2      Touch Right toe back. Unwind 1/2 turn Right (transferring weight into Right) (6.00).
- 3&4      Rock Left to Left side. Recover weight into Right. Cross Left over Right.
- 5 - 6      Step Right to Right side. Touch Left beside Right.
- 7&8      Kick Left to Left diagonal. Step Left beside Right. Cross Right over Left.

### **(S4) Chasse Left. 1/4 Chasse Right. Step forward: Out, Out. Step Back: In, In.**

- 1&2      Step Left to Left side. Close Right beside Left. Step Left to Left side.
- 3&4      Make 1/4 Right stepping Right to Right side. Close Left beside Right. Step Right to Right side (9.00).
- 5 - 6      Step forward and out on Left. Step forward and out on Right.
- 7 - 8      Step back and in on Left. Touch Right beside Left.

### **(S5) Ball-step. Hold. Kick-ball-step. Pivot 1/2 turn. 1/4 Side Step. Back Rock.**

- &1** Step Right beside Left putting weight into Right. Step forward on Left.
- 2** Hold.
- 3&4** Kick Right forward. Step Right beside Left. Step forward on Left.
- 5 - 6** Pivot 1/2 turn Right. Make 1/4 Right stepping Left to Left side.
- 7 - 8** Rock Right back. Recover weight forward on Left (6.00).

**(S6) Side-hold. Sailor 1/4 turn Left. Step Forward. 1/2 Turn Right. Right Coaster Step.**

- 1 - 2** Step Right to Right side. Hold.
- 3&4** Cross Left behind Right. Step Right beside Left making 1/4 Left. Step Left forward (3.00)
- 5 - 6** Step forward on Right. Make 1/2 turn Right stepping back on Left.
- 7&8** Step back on Right. Step Left beside Right. Step forward on Right (9.00).

**(S7) Diagonal Step-lock. & Heel Jack. Hold. & Cross-side. Sailor 1/4 turn Left.**

- 1 - 2** Step Left to Left diagonal. Lock Right behind Left.
- &3,4** Step Left slightly to Left side. Dig Right heel to Right Diagonal. Hold.
- &5,6** Step Right in beside Left. Cross Left over Right. Step Right to Right side.
- 7&8** Cross Left behind Right. Step Right beside Left making 1/4 turn Left. Step Left forward (6.00).

**(S8) Paddle 1/4 turn Left X3. Right Kick ball-step.**

- 1 - 2** Step Right forward. Pivot 1/4 turn Left.
- 3 - 4** Step Right forward. Pivot 1/4 turn Left.
- 5 - 6** Step Right forward. Pivot 1/4 turn Left.
- 7&8** Kick Right forward. Step Right beside Left. Step Left forward (9.00).

**Enjoy!**

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