

# THE WAY I FEEL

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Judith Campbell

**Music:** Maria by George Strait

## **SLOUCHY WALKS, SLOUCHY WALKS WITH HEEL TAPS**

- 1-2** Slide right foot forward diagonally right pushing left hip to left, hold
- 3-4** Slide left foot forward diagonally left, pushing right hip to right, hold
- &5-6** Slide right foot forward diagonally right, tap right heel twice on floor
- &7-8** Slide left foot forward diagonally left, tap left heel twice on floor

## **STEP ½ SPIN, ROCK BACK & FORWARD, MONTEREY**

- 1** Step forward on ball of right foot lifting left foot up by right ankle and turn ½ to the right
- 2** Lower right heel
- 3-4** Rock back on left foot, rock forward on right foot
- 5-6** Tap left foot to left side, turn ½ to left bringing right foot next to left
- 7-8** Tap right foot to right side, close/tap right foot next to left

## **STEP CLOSE TOGETHER, STEP WITH ½ HITCH TURN**

**1-3(Moving to right side) step right to right, close left foot beside right, step right to right side**

**4½ turn to right hitching up left foot by right ankle**

**5-7(Moving to left side) step left to left side, close right next to left, step left to left side**

**8½ turn to left hitching up right foot by left ankle**

## **STEP TOGETHER, STEP FORWARD, HOLD**

- 1-4** Step right foot to right side, close left foot next to right, step right foot forward, hold

## **SWIVEL TO LEFT, HOLD, SWIVEL TO RIGHT, HOLD**

**5-6(Keeping feet in place) on balls of both feet swivel ½ to left, hold**

- 7-8** Swivel ½ to right, hold

### **STEP, HOLD, SLIDE 3 TIMES ON DIAGONAL (MOVING BACK), SHUFFLE FORWARD ON DIAGONAL**

- 1-2&** Stepping left back on diagonal diagonally left, hold, slide right foot next to left
- 3-4&** Step back again on left diagonally, hold, slide right next to left
- 5-6** Step back once more on left diagonally, bring right foot next to left
- 7&8** Shuffle left foot across in front of right foot (moving right diagonally forward)

### **STEP HOLD, SLIDES ON DIAGONAL (MOVING FORWARD), ROCK FORWARD & BACK, TOGETHER**

- 1-2&** Stepping forward diagonally right on right foot, hold, slide left foot next to right
- 3-4&5** Step right diagonally forward, hold, slide left foot next to right, step right forward diagonally once more
- 6-8** Rock left foot over right, rock back onto right foot, close left foot next to right

### **TAP, HOLD, TAP, TAP, KICK, BEHIND, SIDE SHUFFLE ACROSS**

- 1-2** Tap right foot to right side, hold
- &3-4** Tap right foot next to left foot, tap right foot to right side, kick right foot forward diagonally right
- 5-6** Step right foot behind left, step left to left side
- 7&8** Shuffle right foot across in front of left (moving to left)

### **ROCK RECOVER, TOGETHER, HEEL HEEL, ROCK BACK /FORWARD, ½ PIVOT TO LEFT**

- 1-3** Rock left foot out to left, recover back onto right foot, close left foot next to right
- &4** Tap left heel twice
- 5-6** Rock back on right foot, rock forward on left foot
- 7-8** Step forward on right foot, ½ pivot to left
- &** Turn ¼ to left

### **REPEAT**