

# Stand By You

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**Count:** 60

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Nathan Gardiner (Scotland) Feb 2016

**Music:** Stand By You - Rachel Platten

## Intro: 16 counts

### S1: Basic R, Basic L, Walk Back R & L With Sweeps, Rock Back, Recover

- 1-2&** Step R to R side, Rock back on L, Recover on R
- 3-4&** Step L to L side, Rock back on R, Recover on L
- 5-6** Step back on R sweeping L from front to back, Step back on L sweeping R from front to back
- 7-8** Rock back on R, Recover on L

### S2: R Rumba Box, Rock Back, Recover, Step $\frac{1}{4}$ L Cross

- 1&2** Step R to R side, Step L next to R, Step forward on R
- 3&4** Step L to L side, Step R next to L, Step back on L
- 5-6** Rock back on R, Recover on L
- 7&8** Step forward on R,  $\frac{1}{4}$  L, Cross R over L

### S3: $\frac{1}{4}$ RX2, Cross Shuffle, Sway R, Sway L, Sway R, Sway L

#### 1-2 $\frac{1}{4}$ R stepping back on L, $\frac{1}{4}$ R stepping R to R side

- 3&4** Cross L over R, Step R to R side, Cross L over R
- 5-6** Step R to R side swaying hips to R side, Sway hips to L side
- 7-8** Sway hips to R side, Sway hips to L side

### S4: Behind, Side, Cross, Side L, Together, Forward, Rocking Chair

- 1&2** Step R behind L, Step L to L side, Cross R over L
- 3&4** Step L to L side, Step R next to L, Step forward on L
- 5-6** Rock forward on R, Recover on L
- 7-8** Rock back on R, Recover on L

### S5: Step $\frac{1}{4}$ L, Cross Shuffle, Side L, Behind, Side, Cross, Side L, Together

- 1-2** Step forward on R,  $\frac{1}{4}$  L

- 3&4** Cross R over L, Step L to L side, Cross R over L
- 5-6** Step L to L side, Step R behind L
- &7&8** Step L to L side, Cross R over L, Step L to L side, Step R next to L

**S6: Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, ¼ L, Side R**

- 1-2** Rock out to L side, Recover on R
- 3&4** Step L behind R, Step R to R side, Cross L over R
- 5-6** Rock out to R side, Recover on L
- 7&8** Step R behind L, ¼ L stepping forward on L, Step R to R side

**S7: Rock Back, Recover, Kick Ball Cross, ¼ RX2, Cross Rock, Recover**

- 1-2** Rock back on L, Recover on R
- 3&4** Kick L to L diagonal, Step L next to R, Cross R over L
- 5-6¼ R stepping back on L, ¼ R stepping R to R side**
- 7-8** Cross rock L over R, Recover on R

**S8: Chasse L, Rock Back, Recover**

- 1&2** Step L to L side, Step R next to L, Step L to L side
- 3-4** Rock back on R, Recover on L

**Restart 1 & 2: On walls 2 & 4 dance 48 counts instead of stepping to R side, Touch R next to L**

**Restart 3: On wall 5 dance 56 change Cross Rock, Recover to Cross Shuffle then Restart the dance**

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