

THE NAH NAH DANCE

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Count: 64 **Wall:** 4 **Level:** intermediate

Choreographer: JesSammy

Music: We're From Barcelona by I'm From Barcelona

ROCK & CROSS, ROCK & CROSS, CHASSE SAILOR ½

- 1&2** Rock out on right, recover weight back on to left cross right over left
- 3&4** Rock out on left, recover weight back on to right cross left over right
- 5&6** Step right to right side, close left next to right, step right to right side
- 7&8** Sweep left out and around turning ½ turn left, step right beside left

CHASSE, COASTER STEP, KICK, OUT, OUT, BEHIND, UNWIND A FULL TURN

- 1&2** Step right to right side, close left next to right, step right to right side
- 3&4** Step left back, close right next to left, step left forward
- 5&6** Kick right forward, step right back, step left back
- 7-8** Step right behind left, unwind a full turn, turning right

ROCK & WALK, WALK, LOCK STEP, MAMBO, HOLD

- 1&2** Rock left to left side, recover on right step left forward
- 3** Step right forward
- 4&5** Step left forward, close right behind left, step left forward
- 6&7** Rock forward on right, recover on left, touch left next to right
- 8** Hold for 1 beat

GRAPEVINE SCUFF, GRAPEVINE SCUFF

- 1-2** Step right to right side, step left behind right
- 3-4** Step right to right side, scuff left foot forward
- 5-6** Step left to left side, step right behind left
- 7-8** Step left to left side, scuff right foot forward

TAP, TAP, JUMP BACK CLAP, TAP, TAP, JUMP BACK CLAP

- 1-2** Tap right heel forward twice
- &3-4** Jump back right foot left foot

5-6 Tap left heel forward twice

&7-8 Jump back left foot right foot

SHUFFLE, ½ TURN, ½ TURN, ROCK & SIDE, PADDLE, PADDLE

1&2 Step right forward, close left next to right, step right forward

3-4 Make a ½ turn stepping back on left, make another ½ turn stepping forward on right

5&6 Rock left over right, recover on right, step left to left side

7-8(Weight on left foot) paddle your right foot 2 ¼ turns to the left

LUNGE, BEHIND, SIDE, CROSS, HEEL & TOE & TOE & SCUFF

1-2 Lunge on right foot, recover on left

3&4 Step right behind left, step left to left side, cross right over left

5&6 Making a half a turn, do a left heel, change weight a right toe

&7&8 Change weight, a left toe, change weight, a right scuff

HEEL GRIND, BEHIND, STEP, CROSS, WALK FULL TURN LEFT & TOUCH

1-2 Dig your right heel, turn a ¼ turn right, step left to left side

3&4 Step right behind left, step left to left side, cross right over left making another ¼ turn left

5-8 Turning left: walk making full circle stepping left, right, left, touch right next to left

REPEAT