

# The Fool

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**Count:** 32      **Wall:** 4      **Level:** Beginner / Improver

**Choreographer:** Derek Robinson – March 2017

**Music:** I'm The Fool (160 bpm) by Lorraine McDonald

**Or: The Fool (160 bpm) by Lee Ann Womack. Amazon & iTunes**

**Dance choreographed at 80 bpm**

**#16 count intro. One easy Tag at the end of wall 5**

**Sec 1: ACROSS, ¼ TURN, SIDE, CROSS ROCK, &, CROSS ROCK, SWAY, SWAY**

- 1&2**      Cross right over left, make ¼ turn right stepping back on left, step right to right side (3.00)
- 3-4**      Cross rock left over right, recover onto right
- &**      Step left beside right
- 5-6**      Cross rock right over left, recover onto left
- 7-8**      Step right to right side with weight on right sway hips right, transfer weight onto left sway hips left

**Sec 2: FORWARD ROCK, SHUFFLE ½ TURN x 2, ¼ TURN, POINT**

- 1-2**      Rock forward on right, recover onto left
- 3&4**      Shuffle back making ½ turn right, stepping - R L R (9.00)
- 5&6**      Shuffle forward making ½ turn right, stepping - L R L left (3.00)
- 7-8**      Make ¼ turn right stepping forward on right, point left toe to left side (6.00)

**(Easy option for steps 3&4 and 5&6 without turns: “Shuffle back right, shuffle back left”)**

**Sec 3: ACROSS, POINT, BEHIND, POINT, SAILOR STEP, SAILOR ¼ TURN**

- 1-2**      Cross left forward over right, point right toe to right side
- 3-4**      Cross right back behind left, point left toe to left side
- 5&6**      Cross left behind right, step right to right side, step left in place
- 7&8**      Cross right behind left, make ¼ turn left stepping left to left side, step right in place (3.00)

**Sec 4: LEFT LOCK, &, RIGHT LOCK, &, FORWARD ROCK, SHUFFLE BACK ½ TURN**

- 1-2&** Step diagonally forward on left, lock right behind left, step left beside right
- 3-4&** Step diagonally forward on right lock left behind right, step right beside left
- 5-6** Rock forward on left, recover onto right
- 7&8** Shuffle back making ½ turn left, stepping - L R L (9.00)

**Begin again**

**Tag: At the end of wall 5 facing 9.00**

- 1-2** Cross rock forward on right, recover onto left
- 3-4** Rock to the right side on right, recover onto left