

# Young Forever

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Alison Biggs & Peter Metelnick (TheDanceFactoryUK) – January 2017

**Music:** Young Forever – High Valley – 146 bpm – 3mins 40secs

## Start after 32 count intro on vocals

### Music Available from Amazon

#### [1-8] R cross step, L side rock/recover, L cross step, $\frac{3}{4}$ L reverse turn, R fwd, $\frac{1}{4}$ L pivot turn

1-4 Cross step R over L, rock L side, recover weight on R, cross step L over R

5-8 Turning  $\frac{1}{4}$  left step R back, turning  $\frac{1}{2}$  left step L forward, step R forward, pivot  $\frac{1}{4}$  left (12 o'clock)

#### [9-16] R cross point, L cross point, $\frac{1}{4}$ R jazz cross

1-4 Cross step R over L, point L side, cross step L over R, point R side

5-8 Cross step R over L, step L back, turning  $\frac{1}{4}$  right step R side, cross step L over R (3 o'clock)

#### [17-24] R side, close L tog, R side rock/recover, R back rock/recover, R side, close L tog

1-4 Step R side, step L together, rock R side, recover weight on L

5-8 Rock R back, recover weight on L, step R side, step L together

#### [25-32] R side rock/recover, R back rock/recover, R fwd, $\frac{1}{2}$ L pivot turn, L fwd full turn

1-4 Rock R side, recover weight on L, rock R back, recover weight on L

5-8 Step R forward, pivot  $\frac{1}{2}$  left, turning  $\frac{1}{2}$  left step R back, turning  $\frac{1}{2}$  left step L forward (9 o'clock)

### Optional walk forward on counts 31-32

#### [33-40] R fwd rock/recover, R back lock step, $\frac{1}{2}$ L & walk fwd R, cross L over R

1-4 Rock R forward, recover weight on L, step R back, lock step L in front of R

5-8 Step R back turning  $\frac{1}{4}$  left, turning  $\frac{1}{4}$  left step L forward, step R forward, cross step L over R (3 o'clock)

**WALL 3 RESTART: During wall 3 which starts facing back wall, on count 40 facing left side wall 'step L fwd' & Restart**

**[41-48] R side, L rock back/recover, L side, cross R behind L, ¼ L step L fwd, walk fwd R/L**

**1-4** Step R side, rock L back, recover weight on R, step L side

**5-8** Cross step R behind L, turning ¼ left step L forward, step R forward, step L forward (12 o'clock)

**[49-56] R rocking chair, R fwd, ¼ L pivot turn, walk fwd R/L**

**1-4** Rock R forward, recover weight on L, rock R back, recover weight on L

**5-8** Step R forward, pivot ¼ left, step R forward, step L forward (9 o'clock)

**[57-64] ½ L pivot turn, R fwd lock step, L fwd lock step**

**1-2** Step R forward, pivot ½ left (3 o'clock)

**3-8** Step R forward, lock L behind R, step R forward, step L forward, lock R behind L, step L forward

**(These steps go very slightly forward in your line of dance)**

**Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk) - Email: [info@thedancefactoryuk.co.uk](mailto:info@thedancefactoryuk.co.uk)**

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