

THE SHAKE

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Count: 64 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Victor van der Meer

Music: The Shake by Neal McCoy

1-2-3-4 Step right forward, scuff left forward, step left forward, scuff right forward

5&6-7-8 Shuffle forward right, step left forward pivot $\frac{1}{2}$

1-2-3-4 Step left forward, scuff right forward, step right forward, scuff left forward

5&6-7-8 Shuffle forward left, step right forward pivot $\frac{1}{2}$

1-2& Kick right across left, kick right across left, step right to right side

3-4 Step left to left side, hold

1-2& Kick right across left, kick right across left, step right to right side

3-4 Step left to left side, hold

1-2-3-4 Step right forward, slow $\frac{1}{4}$ turn left as you are shaking your shoulders

5-6-7-8 Left toe over right, drop heel to floor, right toe to side, drop heel to floor

1-2-3&4 Cross/rock left over right, rock back onto right, side shuffle left turning $\frac{1}{2}$ turn left

5&6-7-8 Side shuffle right, cross left behind right, replace weight to right

1&2-3&4 Kick-ball-change left to left side twice

5&6-7&8 Side shuffle left, right, left, turn $\frac{1}{2}$ right side shuffle right, left, right

1&2-3&4 Kick-ball-change left over right twice

5-6-7-8 Tap left heel forward for 4 counts

1-2-3-4 Step right forward, touch left next to right, step left back, touch right next to left

5-6-7-8 Step right forward, touch left next to right, step left back, touch right next to left

Shake your shoulders for the last 8 counts

REPEAT

TAG

At the end of the 2nd and 4th wall, repeat the last 8 beats again