

TRIPLE M

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Count: 48 **Wall:** 4 **Level:** Beginner / Intermediate

Choreographer: Max Perry , Michele Perron , Maurice Rowe (Oct 08)

Music: You Keep Me Hanging On by Diana Ross & The Supremes (the Almighty mix)

OR - any other version of the song.

Diagonal Forward Step w/ Heel Toe Swivel, Diagonal Forward Step w/ Heel Toe Swivel

- 1** Step R diagonally forward & extend R arm forward, palm up (think "Stop in the name of love")
- 2,3,&4** Twist L heel in and up toward R, Twist L toe in, Twist L heel in, Twist L toe in (feet end up together in 3rd position) weight on R
- 5** Step L diagonally forward & extend L arm forward, Palm up
- 6,7,&8** Twist R heel in and up to L, Twist R toe in, Twist R heel in, Twist R toe in (feet end up together in 3rd position) weight on L

Forward Rock, 1/2 Turn, Hitch, Back Walks, Touch

- 1,2** Rock R forward, Step L in place (recover) as you turn 1/2 right
- 3,4** Step R forward, Hitch L knee (figure 4)
- 5-8** Step back L,R,L, Touch R in place (which should be forward) (you should now face 6:00)

Double Arm Explosion (Circle Arms)

- 1-8** Circle both arms inward and upward, crossing at wrists at about face level by count 4, then continuing upward and outward w/ extended arms, circling and putting hands on hips on ct 8

Hinge Turns To Sailor Shuffle

- 1,2** Step R fwd & turn 1/4 right, Touch L toe side - face 9:00
- 3,4** Step L back & turn 1/2 right, Touch R toe side - face 3:00
- 5,6** Step R fwd & turn 1/2 right, Touch L toe side - face 9:00
- 7,8** Cross L behind R, Step R to right side, Step L in place

Syncopated Weave Left to Full Spin Left (chaineé'), to Left Side Shuffle

- 1,2** Cross R over L, Step L to left side

- 3&4** Cross R behind L, Step L to left side, Cross R over L
- 5,6** Step L side (toe turned out) & Spin full 360 left as you step R next to L
- 7&8** Step L to left side, Step R next to L, Step L to left side (9:00)

Forward Together, Step Diag. Back, Step Diag. Back, Snap Up & Down w/ Hip Movements

- 1,2** Step R forward, Step L up next to R
- 3,4** Step R back & to the side, Step L back & to the side
- 5&6&** Snap R arm up, Bring arm down toward waist, Snap R arm down, Bring arm up toward waist
- 7&8&** Snap R arm up, Bring arm down toward waist, Snap R arm down, Bring arm up toward waist

Hips will move R,L R,L R,L R,L