

Uptight

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Count: 64

Wall: 4

Level: Beginner / Improver

Choreographer: Rene and Reg Mileham (UK) June 2013

Music: Uptight (Everything is Alright) - Glee Cast Version - Glee Cast Season 4 Cd (Single - 133 bpm)

32 count intro start on vocals.

Section 1: Out, Out, In, In. Side, hold, & side, touch.

- 1 - 2 Step Right forward (slightly out) - step Left forward (slightly out). .
- 3 - 4 Step Right back (stepping in) - step Left back (stepping in)
- 5 - 6 Step Right to right side - hold.
- &7 - 8 Close Left to Right, stepping Right to right side , touch Left next to Right (weight on Right)

Section 2: Out, Out, In, In. Side, hold, & side, touch.

- 1 - 2 Step Left forward (slightly out) - step Right forward (slightly out). .
- 3 - 4 Step Left back (stepping in) - step Right back (stepping in)
- 5 - 6 Step Left to left side - hold.
- &7 - 8 Close Right to Left, stepping Left to left side, touch Right to Left (weight on Left)

Section 3: Right weave, paddle, paddle.

- 1 - 2 Step Right to right side, cross Left behind Right
- 3 - 4 Step Right to right side, cross Left over Right
- 5 - 6 With Right foot paddle 1/8 left
- 7 - 8 With Right foot paddle 1/8 left 9.00

Section 4: Step, point, step, point. Jazz Box

- 1 - 2 Cross Right over Left , point Left foot diagonally forward
- 3 - 4 Cross Left behind Right, point Right toe diagonally back
- 5 - 6 Cross Right over Left, step back onto Left
- 7 - 8 Step Right to right side, close Left next to Right

Section 5: Cross rock, chasse. Back rock, chasse

- 1 - 2 Cross rock Right over Left, recover onto Left

- 3 & 4 Right side chasse
- 5 - 6 Rock Left to left side, hold
- 7 & 8 Rock Right back, recover onto Left

Section 6: 2 x ¼ Monterey turns, right

- 1 - 2 Touch right toe out to right side, keep weight on left foot, turn ¼ right, step right next to left
- 3 - 4 Touch Left to left side, step Left beside Right 12.00
- 5 - 6 Touch right toe out to right side, keep weight on left foot, turn ¼ right, step right next to left
- 7 - 8 Touch Left to left side, step Left beside Right 3.00

Section 7: Toes strut x 2. Side rock (R), recover, cross, hold

- 1 - 2 Right toe strut, drop heel
- 3 - 4 Left toe strut, drop heel
- 5 - 6 Rock Right out to right side, recover onto Left
- 7 - 8 Cross Right over Left, hold

Section 8: Toes strut x 2. Side rock (L), recover, cross, hold

- 1 - 2 Left toe strut, drop heel
- 3 - 4 Right toe strut, drop heel
- 5 - 6 Rock Left out to left side, recover onto Right
- 7 - 8 Cross Left over Right, hold

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