

# TUSH PUSHIN'

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**Count:** 40      **Wall:** —      **Level:** —

**Choreographer:** Adrian Churm

**Music:** Tush Pushin' by Paul Bailey

## HEEL AND TOE TAPS, HEEL SWITCHES

- 1-4**      Touch right heel forward, touch right foot beside left and touch right heel forward twice
- &**      Switch weight from right foot to left as the right foot steps back in place
- 5-8**      Repeat 1-4 on the opposite foot
- &**      Switch weight from left to right foot as the left foot steps back in place
- 9&10**      Touch right heel forward, step right foot back in place as you touch the left heel forward
- &11-12**      Step left foot back in place as the right heel touches forward, and leave right heel forward as you clap hands once

## HIP BUMPS AND HIP ROLLS

- 13&14**      Push hips forward twice
- 15&16**      Push hips back twice
- 17-20**      Roll hips around to the right twice (or just repeat 13-16)

## TRIPLE STEPS WITH HALF TURN, STOMP AND CLAP

- 21&22**      Triple step forward right, left, right
- 23-24**      Left foot steps forward then replace weight back onto the right foot

**Your partner should now be to your left side**

- 25&26**      Triple step back left, right, left
- 27-28**      Right foot steps back then replace weight forward onto the left foot
- 29&30**      Triple step forward right, left, right, small steps

## 31&32 TRIPLE STEPS FORWARD LEFT, RIGHT, LEFT, SMALL STEPS

- 33&34**      Triple step past your partner making  $\frac{1}{2}$  a turn to the left stepping right, left, right
- 35-36**      Triple step back left, right, left
- 37-38**      Step right foot back and replace weight forward onto the left foot
- 39-40**      Stomp right foot next to left and clap hands

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=44235](https://www.linedance.com/index.php?f=dance_view&id=44235)