

UP UP UP!

LINEDANCE.COM

Count: 64 **Wall:** 4 **Level:** intermediate

Choreographer: Wesley Cowie

Music: Up! (Red) by Shania Twain

Start on the word 'be' (13 seconds intro)

POINT BACK, SIDE, CROSSING CHASSE, POINT SIDE, FORWARD, BACK SHUFFLE

- 1-2** Point right foot back, point right toe to right side
- 3&4** Cross right over left, step left to left side, cross right over left
- 5-6** Point left toe to left side, point left toe forward
- 7&8** Step back on left, close right beside left, step back on left

RIGHT CHASSE, FULL TURN FORWARD, LEFT ROCK, CROSSING SHUFFLE

- 1&2** Step right to right side, close left beside right, step right to right
- 3** On ball of right foot make $\frac{1}{2}$ turn right, step back on left
- 4** On ball of left foot make $\frac{1}{2}$ turn right, step forward on right foot
- 5-6** Rock left foot to left side, recover weight onto right foot
- 7&8** Cross left over right, step right to right side, cross left over right

STEP $\frac{1}{4}$ TURN, SWEEP $\frac{1}{2}$ TURN, FORWARD SHUFFLE, STEP, PIVOT, ROCK, CROSS

- 1** Step right $\frac{1}{4}$ turn right
- 2** Sweep left foot from behind right to in front of right making a further $\frac{1}{2}$ turn right
- 3&4** Step forward left, close right beside left, step forward left
- 5-6** Step forward right, pivot $\frac{1}{2}$ turn left
- 7&8** Rock right to right side, recover onto left, cross right over left

SCUFF, STEP, SCUFF, CROSS, HIP BUMPS $\frac{1}{2}$ TURN

- 1-2** Scuff left foot forward, step forward left
- 3-4** Scuff right foot forward, cross right over left foot
- 5&** Bump hips to right making $\frac{1}{8}$ turn left, bump hips left
- 6&** Bump hips to right making $\frac{1}{8}$ turn left, bump hips left
- 7&** Bump hips to right making $\frac{1}{8}$ turn left, bump hips left

8& Bump hips to right making 1/8 turn left, bump hips left

POINT, KICK, COASTER STEP, ¼ CHUGS RIGHT X 4

- 1-2 Point right toe forward, kick right foot forward
- 3&4 Step back onto right, close left beside right, step forward on right
- 5& Hitch left knee making ¼ turn right, touch left toe to left side
- 6& Hitch left knee making ¼ turn right, touch left toe to left side
- 7& Hitch left knee making ¼ turn right, touch left toe to left side
- 8& Hitch left knee making ¼ turn right, touch left toe to left side

POINT, KICK, COASTER STEP, ¼ CHUGS LEFT TWICE, CROSSING CHASSE

- 1-2 Tap left toe beside right foot, kick left foot forward
- 3&4 Step back onto left, close right beside left, step forward on left
- 5& Hitch right knee making ¼ turn left, touch right toe to right side
- 6& Hitch right knee making ¼ turn left, touch right toe to right side
- 7&8 Cross right over left, step left to left side, cross right over left

LEFT ROCK, CLOSE, RIGHT ROCK, WALK, STEP ¼ TURN, ROCK BACK

- 1-2 Rock left to left side, recover weight onto right
- & Close left beside right
- 3-4 Rock right to right side, recover weight onto left
- 5-6 Walk forward right, make ¼ turn right stepping left to left side
- 7-8 Rock back on right, recover weight onto left foot

RIGHT CHASSE, KICK BALL POINT, CLOSE, MONTEREY ¼ TURN

- 1&2 Step right to right side, close left beside right, step right to right side
- 3&4 Kick left foot forward, step left beside right, point right to right side
- & Close right beside left
- 5-6 Point right to right side, on ball of left make ¼ turn right, stepping right beside left
- 7-8 Touch left to left side, step left beside right

REPEAT

TAG

On walls 1 and 2 only, complete this tag after section 8 count 2 then restart

1&2 Kick left foot forward, step left beside right, tap right toe beside left foot

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=44756