

# You Are

LINEDANCE.COM

**Count:** 48

**Wall:** 2

**Level:** Easy Intermediate waltz

**Choreographer:** Pauline Greenwood , Australia (December 2017) Vers. 1

**Music:** You Are The Reason by Calum Scott. Album: Only Human (Deluxe) 3mins 24secs - 160 bpm

## **POSITION: Feet Together Weight On Right Foot**

**Dance Starts On The Word 'Heart Beat' after 48 Count Introduction (16 Secs)**

### **[1 - 6] BACK, TOUCH SIDE, HOLD, CROSS, HITCH CROSS, HOLD.**

1 - 2 - 3 Step L back, Touch R toe to R side, Hold,

4 - 5 - 6 Step R across L, Hitch L across R, Hold.

### **[7 - 12] CROSS, SIDE, ROCK, CROSS, TOUCH, HOLD.**

1 - 2 - 3 Step L across R, Step R to R side, Rock weight to L,

4 - 5 - 6 Step R across L. Touch L toe to L side, Hold.

### **[13 - 18] CROSS, SIDE, ROCK, CROSS, QUARTER TOUCH, HOLD.**

1 - 2 - 3 Step L across R, Step R to R side, Rock weight to L,

4 - 5 - 6 Step R across L, Turn 1/4R touching L toe to L side Hold, (3,00)

### **[19 - 24] WALTZ FORWARD, WALTZ BACK.**

1 - 2 - 3 Step L forward, Step R beside L, Replace weight to L.

4 - 5 - 6 Step R back, Step L beside R, Replace weight onto R.

### **[25 - 30] SWAY, SWAY.**

1 - 2 - 3 Step L to L side and sway L hip, Hold for 2 counts

4 - 5 - 6 Step R to R side and sway R hip, Hold for 2 counts

### **[31 - 36] SIDE, BEHIND, ROCK, SIDE, BEHIND, ROCK.**

1 - 2 - 3 Step L to L side. Step R behind L, Rock weight forward to L,

4 - 5 - 6\*\* **Step R to R side, Step L behind R,\* Rock weight on to R\*\***

### **[37 - 42] BACK, SWEEP, BACK, TOESTRUT QUARTER.**

1 - 2 - 3 Step L back, Sweep R around and back, Step R back,

**4 - 5 - 6** Step L back, Touch R toe beside L, Turn 1/4R drop R heel. (6.00)

**[43 - 48] WALTZ FORWARD, WALTZ BACK.**

**1 - 2 - 3** Step L forward, Step R beside L, Replace weight on to L,

**4 - 5 - 6** Step R back, Step L beside R, Replace weight onto R.

**REPEAT**

**PLEASE NOTE. A quick-flowing waltz.**

**There is a Restart on Wall 9 Count 36\*\* the music pauses for 12 counts, then Turn 1/4R and restart Wall 10 (6.00)**

**ENDING \* Wall 11 for Count 36 Turn 1/4L stepping R forward (12.00)**

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