

# Yesterday

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**Count:** 32

**Wall:** 2

**Level:** Intermediate - NC

**Choreographer:** Yonne Emalda

**Music:** Yesterday by Leona Lewis

**Intro: 32 counts in, approx 17 sec**

**Nightclub Basic, Cross Unwind Full Turn, Sweep, Behind Side Cross Rock, Recover, Side, Cross Side Behind ¼ Turn**

- 1-2&** Step L foot to L side, cross R foot behind L foot, step L foot forward slightly cross over R foot
- 3-4&** Make a full turn R sweeping R foot from front to back, cross R foot behind L foot, step L foot to L side
- 5-6&** Cross R rock foot over L foot, recover weight on L foot, step R foot to R side
- 7&8&** Cross L foot over R foot, step R foot to R side, cross L foot behind R foot, turn ¼ R stepping R foot forward

**Pivot ½ Turn, ½ Turn Sweep, Behind Side Cross, Sweep, Cross Side, Back Rock And Recover, ¼ Turn, ¼ Turn**

- 1-2** Step L foot forward, turn ½ R ( follow the tune and beat of the music ) - weight on your R foot
- 3-4&** Turn another ½ L sweeping L foot from front to back, cross L foot behind R foot, step R foot to R side
- 5-6&** Cross L foot over R foot sweeping R foot out from back to front, cross R foot over L foot, step L foot to L side
- 7&8&** Cross rock R foot behind L foot, recover weight on L foot, turn ¼ L stepping R foot back, turn ¼ L stepping L foot forward

**Slow Walk X2, Pivot ½ Turn Forward, Slow Walk X2, Pivot ½ Turn, Lock Step Forward**

- 1-2** Step R foot and L foot forward slowly
- 3&4** Step R foot forward, turn ½ L, step R foot forward
- 5-6** Step L foot and R foot forward slowly
- 7&8&** Step L foot forward, turn ½ R, step L foot forward, lock R foot behind L foot

## **Forward, Sweep, Cross Rock Step, Cross Rock, Recover, Scissors Cross X2, $\frac{1}{4}$ Turn, $\frac{1}{2}$ Turn**

- 1-2&** Step L foot forward sweeping R foot out from back to front, cross rock R foot over L foot, recover weight on L foot
- 3-4&** Step R foot to R side, cross rock L foot over R foot, recover weight on R foot
- 5&6** Step L foot to L side, step R foot beside L foot, cross L foot over R foot
- &7&** Step R foot to R side, step L foot beside R foot, cross R foot over L foot
- 8&** Turn  $\frac{1}{4}$  R stepping L foot back, turn  $\frac{1}{2}$  R stepping R foot forward