

# SHUT UP & DANCE!

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**Count:** 32

**Wall:** 4

**Level:** intermediate/advanced

**Choreographer:** The Girls (Maureen & Michelle Jones)

**Music:** Shut Up And Dance by Liberty X

## HEEL TOUCH, SHUFFLE, TOUCHES, ¼ TURN LEFT, HITCH, POINT, HITCH, ¼ TURN RIGHT, STEP, TAPS

- 1&** Touch right heel forward, step right beside left
- 2&3** Shuffle forward stepping left, right, left
- 4-5** Touch right toe forward (bend left knee and lean back), touch right toe back (bend left knee and lean forward)
- &6&7** Make ¼ turn left and hitch right knee, point right to right, hitch right knee, make ¼ turn right and step right diagonally back right
- &8** Tap left in front of right, tap left across right

## DIAGONAL HIP BUMPS, DIAGONAL SHUFFLE, ROCK, ¼ TURN WITH LONG STEP, ELVIS KNEE-STEP-TOUCH

- 9-10** Touch left diagonally forward left and bump hips left, bump hips diagonally back right
- 11&12** Shuffle diagonally forward left stepping left, right, left (emphasize with Cuban hips)
- 13&14** Rock right forward, recover back onto left, make ¼ turn right and step right long step right
- 15&16** Keeping left toe in place drop left knee towards right (turn head right), step left to left (return head to front), touch right beside left

## HITCH, TOUCH, HITCH, STEP, HITCH WITH ½ TURN, TOUCH, HITCH, STEP, HIP BUMPS

- &17&18** Hitch right knee, touch right to right, hitch right knee, step right slightly further to right
- &19&20** Hitch left knee and make ½ turn right, touch left to left, hitch left knee, step left slightly further to left
- 21&22** Bump hips left, right, left, gradually bending knees and lowering body on each bump
- 23&24** Bump hips right, left, right, gradually straightening knees and raising body to original position

## CROSS-ROCK-SIDE, STEP-CROSS-POINT, CROSS, MONTEREY ½ TURN WITH HITCHES

- 25&26** Rock left across right, recover weight on right, step left long step left

- 27&28** Step right beside left, step left across right, point right to right (bend left knee and make point a sharp, precise movement)
- 29&30** Step right across left, hitch left knee, point left to left
- &31&32&** Hitch left knee and make ½ turn left, step left beside right, hitch right knee, point right to tight, hitch right knee

**REPEAT**