

# She Wolf

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Christa Thomas (Sept 2013)

**Music:** She-Wolf by Shakira [CD: Single / iTunes]

**Dance begins on the vocals of the first verse**

**ROCK SIDE RIGHT ON RIGHT, RECOVER TO LEFT, STEP RIGHT TOGETHER, TAKE BIG STEP LEFT FORWARD, STEP RIGHT TOGETHER**

**1-2&3-4** Rock right side, recover to left, step right together, left big step forward, step right together

**LEFT ROCKING CHAIR**

**5-6-7-8** Rock left forward, recover to right, rock left back, recover to right

**LEFT PIVOT ½, LEFT CROSS OVER RIGHT, RIGHT POINT SIDE RIGHT**

**1-2-3-4** Step left forward, pivot ½ on right, cross left over, touch right side

**RIGHT CROSS OVER LEFT, LEFT STEP LEFT TO SIDE, RIGHT CROSS SHUFFLE**

**5-6-7&8** Cross right over, step left side, quickly cross right over, step left side, cross right over

**LEFT ROCK SIDE LEFT, RECOVER TO XXX, LEFT SAILOR TURN ¼ RIGHT, LEFT CROSS OVER RIGHT**

**1-2-3&4** Rock left side, recover to right, cross left behind, step right ¼ turn to the right, step left together

**RIGHT TOUCH SIDE RIGHT, RIGHT CROSS OVER LEFT, RIGHT SIDE RIGHT, RIGHT CROSS BEHIND LEFT**

**5-6-7-8** Touch right side, cross right over, touch right side, cross right behind

**LEFT STEP LEFT TO SIDE, RIGHT HITCH, 2 RIGHT HIP BUMPS**

**1-2-3&4** Step left side, cross right knee to left hip, stepping right down push right hip to right side twice

**2 LEFT HIP BUMPS, RIGHT KNEE TURN IN TO LEFT, RIGHT KNEE OUT TURN ¼ RIGHT WITH LEFT FLICK**

**5&6-7-8** Hip left to left side twice, turn right knee in toward left knee, roll right knee out ¼ turn to the right flipping the left up

### **STEP LEFT FORWARD RIGHT, LEFT KICK BALL TOUCH**

**1-2-3&4** Walk forward two steps on left then right, kick left forward, step down on the ball of the left, touch right side

### **RIGHT SYNCOPATED STEP LOCK, LEFT STEP, RIGHT HITCH**

**5-6&7-8** Step right forward, lock left behind, step right together, step left forward, lift right knee up

### **RIGHT JAZZ SQUARE**

**1-2-3-4** Cross right over, step left back, step right back to right side

### **LEFT JAZZ TURN ¼ RIGHT, RIGHT COASTER STEP**

**4-5-6-7&8** Cross left over, step back turn ¼ right on right, step left back to left side, step right back, step left together, step right forward

**\*Restart here on wall 2\***

### **STEP LEFT FORWARD RIGHT, LEFT SHUFFLE FORWARD**

**1-2-3&4** Step left forward and right, step left forward, step right together, step left forward

### **RIGHT ROCK FORWARD, RECOVER, CAMEL WALK BACK RIGHT LEFT**

**5-6-7-8** Rock right forward, recover to left, strut back two steps on right and left feet

### **RIGHT ROCK BACK, RECOVER, RIGHT PIVOT ½, STEP RIGHT**

**1-2-3&4** Rock right back, recover to left, step right forward, turn ½ left, step right forward

### **360 WALK AROUND LEFT RIGHT LEFT WITH TOUCH, LEFT SCISSOR**

**5&6-7&8** Walk all the way around three steps to the right touching on the left and taking weight on the right, step left side, step right together, cross left over

### **REPEAT**

**Restart on second wall after 48 counts**

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