

WHITE FLAG

LINEDANCE.COM

Count: — **Wall:** 4 **Level:** intermediate

Choreographer: Elaine Jordan

Music: White Flag by Dido

Sequence: AB, AAB, A, continue A to end of dance

PART A

CROSS FORWARD BACK AND BACK FORWARD AND SIDE ROCK AND BEHIND AND FRONT AND $\frac{1}{4}$ TURN LEFT

- 1-2&** Rock across right foot with left, recover weight back onto left foot, place left foot next to right
- 3-4&** Rock back and behind left foot with right, recover weight forward onto left, place right foot out to right side
- 5-6&** Step in place with left foot, cross right foot behind left, step left foot to left side
- 7&8&** Cross right foot in front of left, step side left, cross right foot behind left, step to left side on left foot making $\frac{1}{4}$ turn to left side

ROCKS FORWARD BACK, BACK LOCK BACK AND BACK LOCK BACK TURN $\frac{1}{4}$ SWAY LEFT RIGHT

- 1-2&** Rock forward onto right foot, recover weight back onto left foot, step back on right foot
- 3-4&** Lock left foot across front of right, step back on right, step back on left
- 5-6&** Lock right foot across front of left, step back on left, step back on right
- 7-8&** Step forward on left foot swaying weight onto left, as you sway weight onto right foot make $\frac{1}{4}$ turn to right, bring left foot alongside right and transfer weight onto left

SWAY RIGHT LEFT $\frac{1}{4}$ TURN HEEL AND TOUCH, CROSS BACK AND CROSS SIDE

- 1-2&** Sway weight onto right foot, sway weight back onto left foot, transfer weight onto right making a $\frac{1}{4}$ turn to left
- 3&4** Left heel goes forward, step in place on left foot, touch right toe along side of left
- 5-6&** Cross right foot in front of left, step back on left foot, step back on right foot
- 7-8** Cross left foot in front of right, step to right side on right foot

CROSS POINT HOLD, CROSS POINT HOLD, BACK POINT HOLD, BACK HOLD

- 1-2** Step left foot over and in front of right, point right foot out to right side
- 3-4** Step right foot over and in front of left, point left foot out to left side
- 5-6** Step left back and behind right, point right foot out to right side
- 7-8** Step right foot back and behind left, point left foot out to left side

PART B

STEP LOCK AND STEP TURN, STEP LOCK AND STEP TURN

- 1-2&** Step forward onto left foot, lock right foot behind left foot, step in place onto left foot
- 3-4** Step forward onto right foot make $\frac{1}{2}$ turn to left, step onto left foot
- 5-6&** Step forward onto right foot, lock left foot behind right foot, step into place onto right foot
- 7-8** Step forward onto left foot and make $\frac{1}{2}$ turn to right, step onto right foot

MONTEREY TURNS WITH HOLDS TWICE

- &1-2** Step onto left foot, point right toe to right side hold for 1 count
- &3-4** Step right foot in and pivot $\frac{1}{2}$ turn to right on right foot, point left toe out to left side and hold for one count
- &5-6** Step onto left foot, point right toe to right side hold for 1 count
- &7-8** Step right foot in and pivot $\frac{1}{2}$ turn to right on right foot, point left toe out to left side and hold for one count