

Still

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Count: 64 **Wall:** 2 **Level:** Improver

Choreographer: Hiroko Carlsson (Grafton, Australia) July 2017

Music: La Vern Baker - Still. iTunes

(Intro: 8 Count / Start on Vocals)

[S1] Cross Rock, Side Rock, Cross Rock, Side Rock

- 1 2 Cross/rock R over L, recover weight on L
- 3 4 Step/rock R to right side, recover weight on L
- 5 6 Cross/rock R over L, recover weight on L
- 7 8 Step/rock R to right side, recover weight on L (12:00)

(Styling - Look back and slightly turn your body on count 3 and 7)

[S2] Behind, 1/4L Fwd, 1/2L Shuffle Back, Coaster Fwd w/ Scuff Fwd

- 1 2 Step R behind L, Turning 1/4L step L fwd
- 3&4 Turning 1/2L step R back, Step L next to R, Step R back
- 5&6 Step L back, Step R next to L, Step L fwd
- 7 8 Step R fwd, Scuff L fwd (3:00)

[S3] Cross Rock, Side Rock, Cross Rock, Side Rock

- 1 2 Cross/rock L over R, recover weight on R
- 3 4 Step/rock L to left side, recover weight on R
- 5 6 Cross/rock L over R, recover weight on R
- 7 8 Step/rock L to left side, recover weight on R (3:00)

(Styling - Look back and slightly turn your body on count 3 and 7)

[S4] Behind, 1/4R Fwd, 1/2R Shuffle Back, Coaster Fwd w/ Scuff Side

- 1 2 Step L behind R, Turning 1/4R step R fwd
- 3&4 Turning 1/2R step L back, Step R next to L, Step L back
- 5&6 Step R back, Step L next to R, Step R fwd
- 7 8 Step L fwd, Scuff R to right side *(12:00)

[S5] R Side Shuffle, Rock Behind w/ 1/4R, L Side Shuffle, Cross Rock

- 1&2** Step R to right side, Step L next to R, Step R to right side
- 3 4** Rock/step L behind R, Recover weight on R whilst turning 1/4R
- 5&6** Step L to left side, Step R next to L, Step L o left side
- 7 8** Rock/cross R over L, Recover weight on L (3:00)

[S6] 1/4R Fwd w/ Toe Strut, 1/2R Back w/ Toe Strut, 1/2R Fwd w/ Toe Strut, Fwd Rock

- 1 2** Turning 1/4R step R toe fwd, Drop R heel to floor
- 3 4** Turning 1/2R step L toe back, Drop L heel to floor
- 5 6** Turning 1/2R step R toe fwd, Drop R heel to floor
- 7 8** Rock/step L fwd, Recover weight on R (6:00)

[S7] 4x Sway, 2x 1/4R Paddle

- 1 2 3 4** Step L to left side w/ sway L, Sway R, Sway L, Sway R
- 5 6 7 8** Step L fwd, Turning 1/4R weight on R, Step L fwd, Turning 1/4R weight on R

[S8] Cross, Scuff, Jazz Box, Step 1/2L Pivot Turn

- 1 2** Cross L over R, Scuff R
- 3 4 5 6** Cross R over L, Step L back, Step R to right side, Step L fwd
- 7 8** Step R fwd, Turning 1/2L weight on L (6:00)

Restart wall 3 count 32 with step change (12:00)**

- 31 32** Step L fwd, Scuff R Fwd

Tips: Last Wall - Go in flow with the music, when it slows down.

(updated: 21/6/17)

Please contact me if you have any inquiry (hirokoclinedancing@gmail.com)