

Shake It Off - Contra

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Count: 64 **Wall:** — **Level:** Improver Contra

Choreographer: Inge Vestergård , DK (May 2015)

Music: Shake It Off by Taylor Swift (iTunes)

Intro: 16 count intro (6 sec. Into track). Start with weight on L foot, facing each other 2 & 2

S1: Wine R with ¼ Turn R, Scuff, Wine L with ¼ Turn L, Scuff

1 - 4 Step R to R side, Cross L behind R, turn ¼ R stepping fwd on R, Scuff L fwd.

5 - 8 Step L to L side, Cross R behind L, turn ¼ L stepping fwd on L, Scuff R fwd.

S2: R Rocking Chair, Step R Fwd, ¼ Turn L, Stomp R beside L, Clap (Now Facing Your Partner)

1 - 4 Rock R fwd, Recover L, Rock R back, Recover L.

5 - 8 Step fwd R, ¼ turn L weight end on L, Stomp R beside L, Clap both hands.

S3: 2 Clap Theighs, 2 Clap hands, Clap Hands with Your Partner

1 - 2 Clap Your Theighs Swinging your Arms back, Clap Your Theighs Swinging your Arms fwd.

3 - 4 Clap your Hands Twice.

5 - 6 Clap Your Partners R hand with your R Hand, Clap Your own hands.

7 - 8 Clap Your Partners L hand with your L Hand, Clap Your own hands.

S4: Diagonal Fwd R, Together, Diagonal Fwd R, Tap, Diagonal Fwd L, Together, Diagonal Fwd L, Tap,

1 - 4 Step diagonal fwd R, close L to R, Step diagonal fwd R, Tap L next to R.

5 - 8 Step diagonal fwd L, close R to L, Step diagonal fwd L, Tap R next to L.

*** Add Bridge here on wall 7. See below for info. ** Ending here on wall 9. See below for info**

S5: Wine R, (Option - Rolling Wine R) Twist L Heels - Feet - Heels, Hitch R To R Diagonal

1 - 4 Step R to R side, Cross L behind R, Step R to R side, Step L beside R.(option R Rolling Wine)

5 - 8 Twist both Heels L, Twist both Feet L, Twist both Heels L, Hitch R Knee facing R diagonal.

S6: Reverse Rocking Chair, Step ½ Turn To Diagonal (Now Facing Your Partner)

- 1 - 4** Rock back R, Recover L, Rock fwd R, Recover L,
5 - 8 Rock Back R, Recover L, Step R Fwd, ½ Pivot L - weight on L

S7: Make 1 1/8 Circle clockwise as You Hook Your R Arm with Your Partners R Arm (Facing Your Partner)

- 1 - 8** Cross in front of your partner and hook your R arms as you run 1 1/8 circle clockwise R-L-R-L-R-L-R-L.

(You will now be standing on the opposite place, as when you started the dance)

S8: Run Back R - L - R, Hold, L Coaster

- 1 - 4** Run back R - L - R, Hold
5 - 8 Step L back, Step R beside L, Step L fwd, Touch R beside L

*** Bridge after the diagonal on wall 7. Stand in place for 8 counts and shake your body, and then continue the dance.**

**** Ending after the diagonal on wall 9. Both makes ¼ turn to front stepping R to R side and everyone shakes there body on the last count.**

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