

# Restless Heart

LINEDANCE.COM

**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Dirk Leibing & Gudrun Schneider - March 2016

**Music:** Niila - Restless Heart

## Intro : 32 counts

### (1) Side, Behind, Chasse ¼ Turn, Rock Step, Tripple ½ Turn

- 1-2 Step RF right(1), Cross LF behind RF(2)
- 3&4 Step RF right(3), Close LF next to RF(&), Turn ¼ right stepping RF forward(4)(3:00)
- 5-6 Rock LF forward(5), Recover on RF(6)
- 7&8 Turn ¼ left stepping LF left(7), Close RF next to LF(&), Turn ¼ left stepping LF forward(8)(9:00)

### (2)Step, Sweep,Step, Sweep, Jazz Box

- 1-2 Step RF forward(1), Sweep LF from back to front(2)
- 3-4 Step LF forward(3), Sweep RF from back to front(4)
- 5-6 Cross RF over LF(5), Step LF back(6)
- 7-8 Step RF right(7), Cross LF over RF(8)

### (3)Chasse, Rock Step(2x)

- 1&2 Step RF right(1), Close LF next to RF(&), Step RF right(2)
- 3-4 Rock LF back(3), Recover on RF(4)
- 5&6 Step LF left(5), Close RF next to LF(&), Step LF left(6)
- 7-8 Rock RF back(7), Recover on LF

### (4)Turn ¼, Turn ½, Shuffle, Rocking Chair

- 1-2 Turn ¼ left stepping RF back(1), Turn ½ left stepping LF forward(2)(12:00)
- 3&4 Step RF forward(3), Close LF next to RF(&), Step RF forward(4)
- 5-6 Rock LF forward(5), Recover on RF(6)
- 7-8 Rock LF back(5), Recover on RF(6)

**Tag here in wall 3, replace count 32 with a right touch next to LF, Restart after the tag**

### **(5) Side Rock, Cross Shuffle, Point, Hitch, Point, ¼ Turn**

- 1-2 Step LF left(1), Recover on RF(2)
- 3&4 Cross LF over RF(3), Step RF to right(&), Cross LF over RF(4)
- 5-6 Point RF to right(5), hitch RF(6)
- 7-8 Point RF right(7), Turn ¼ right on both balls- weight is still on LF(8)(3:00)

### **(6) Back Rock, Tripple ½ Turn, ¼ Turn, Back Rock**

- 1-2 Step RF back(1), Recover on LF(2)
- 3&4 Turn ¼ left stepping RF right(3), Close LF next to RF(&), Turn ¼ stepping RF back(4)(9:00)
- 5-6 Turn ¼ left stepping LF left(5), Step RF to right(6)(6:00)
- 7-8 Step LF back(7), Recover on RF(8)

### **(7) Side, Touch, Side, Hold & Side, Cross, Kick Ball Cross**

- 1-2 Step LF left(1), Touch RF next to LF(2)
- 3-4 Step RF right(3), Hold(4)
- &5-6 Step LF next to RF(&), Step RF right(5), Cross LF over RF(6)
- 7&8 Kick RF diagonal forward(7), Close RF next to LF, Cross LF over RF

### **(8) Side, ¼ Turn, Shuffle, Step, ½ Turn, Back Rock**

- 1-2 Step RF right(1), Turn ¼ left stepping LF left(2)(3:00)
- 3&4 Step RF forward(3), Close LF next to RF(&), Step RF forward(4)
- 5-6 Step LF forward(5), ½ Turn right on both balls(6)(9:00)
- 7-8 Rock RF back(7), recover on LF(8)

**Tag after wall 1 and after 32 counts off wall 3, in wall 3 replace count 32 with a right touch next to LF**

### **(Tag) Sway RLRL while doing a ½ Turn left**

- 1-2 Sway right weight on RF, Drag LF to RF
- 3-4 Turn 1/4 left & Sway left, Drag RF to LF
- 5-6 Sway right weight on RF, Drag LF to RF
- 7-8 Turn 1/4 left & Sway left, Drag RF to LF

**Start again - Have Fun**

**Contacts: ~**

**Gudrun Schneider - [gudrun@gudrun-schneider.com](mailto:gudrun@gudrun-schneider.com)**

**Dirk Leibing - [dirk@leibing.de](mailto:dirk@leibing.de)**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=110197](https://www.linedance.com/index.php?f=dance_view&id=110197)