

Only Way Is Through

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Count: 64

Wall: 2

Level: Low Intermediate

Choreographer: Darren Bailey (UK) - March 2025

Intro: 16 Counts

Restarts: Walls 2 and 5 after 24 counts

Tag: Wall 8 after 24 counts

R Vine, Side, Hold, Rock back, Recover

1-2 Step RF to R side, Cross LF behind RF

3-4 Step RF to R side, Cross LF over RF

5-6 Step RF to R side, Hold

7-8 Rock back on LF, Recover onto RF

L Vine, Side, Hold, Rock back, Recover

1-2 Step LF to L side, Cross RF behind LF

3-4 Step LF to L side, Cross RF over LF

5-6 Step LF to L side, Hold

7-8 Rock back on RF, Recover onto LF

Out, In, Forward, Flick, Step, Hitch, Step, Hitch

1-2 Point RF to R side, Touch RF next to RF

3-4 Point RF forward, Flick RF to R side

5-6 Step forward and on RF, Close LF next to RF and hitch R knee

7-8 Step forward and on RF, Close LF next to RF and hitch R knee

Restart: Restart here on walls 2 and 5. You will be facing the back both times

Tag: Add tag here on wall 8. You will start the tag facing the back wall

Step, Hold, 1/2 turn L, Hold, Step Hold, 1/4 turn L, Hold

1-2 Step forward on RF, Hold and click fingers on Right hand

3-4 Make a 1/2 turn, Hold and click fingers on Right hand

5-6 Step forward on RF, Hold and click fingers on Right hand

7-8 Make a 1/4 turn L, Hold and click fingers on Right hand

R Lock step, Brush, L Lock step, Brush

1-2 Step RF to R diagonal, Lock LF behind RF

3-4 Step R to R diagonal, Brush LF forward

5-6 Step LF to L diagonal, Lock RF behind LF

7-8 Step LF to L diagonal, Brush RF forward

Toe Strut Jazz box with 1/4 turn R

1-2 Cross R toe over LF, Drop R heel

3-4 Make a 1/4 turn R and Touch L toe back, Drop L heel

5-6 Touch R toe to R side, Drop R heel

7-8 Touch L toe forward, Drop L heel

Diagonal, Touch, Diagonal, Touch, R Scissors Step, Hold

1-2 Step RF to R diagonal, Touch LF next to RF and clap

3-4 Step LF to L diagonal, Touch RF next to LF and clap

5-6 Step RF to R side, Close LF next to RF

7-8 Cross RF over LF, Hold

Diagonal, Touch, Diagonal, Touch, L Scissor Step, Hold

1-2 Step LF back to L diagonal, Touch RF next to LF and clap

3-4 Step RF back to R diagonal, Touch LF next to RF and clap

5-6 Step LF to L side, Close RF next to LF

7-8 Cross LF over RF, Hold

Tag

Step, Hold, 1/2 turn L, Hold, Step, Hold, Step, Hold

1-2 Step forward on RF, Hold

3-4 Make a 1/2 turn L, Hold

5-6 Step forward on RF, Hold

7-8 Step forward on LF, Hold