

# UPSIDE DOWN BLUES

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Delwyn Swaisland

**Music:** Bad Day For The Blues by David Ball

## RIGHT STEP FORWARD, ½ PIVOT, SHUFFLE

1-2 Step forward on right, ½ pivot to the left

3&4 Shuffle forward right-left-right

## ROCK FORWARD, RECOVER, ½ TURN SHUFFLE

1-2 Rock forward on left, rock back on right

3&4 Make a ½ turn to the left & shuffle forward left-right-left

## SIDE, BEHIND, SIDE, HEEL, HOLD

1-2 Step right to the right side, step left behind right

&3 Step right to right, touch left heel forward at 45 degrees

4 Hold

## BACK, CROSS, SIDE, CROSS, SIDE, HEEL, HOLD

&1 Step left back, step right across left

&2 Step left to left side, step right across left

&3 Step left to left side, touch right heel at 45 degrees

4 Hold

## TOGETHER, HEEL, TOGETHER, STEP, ½ PIVOT

&1 Step right beside left, touch left heel forward 45 degrees

&2 Step left beside right, step forward on right

3-4 Step forward on left, ½ pivot to the right

## SHUFFLE, STEP ¼ TURN, TOGETHER

1&2 Shuffle forward left-right-left

3 Turning ¼ left step side on right

4 Step left beside right

## **HEEL & TOUCH & FORWARD, HOLD**

**1&** Touch right heel forward, step right beside left

**2&** Touch left heel forward, step left beside right

**3-4** Step forward on right, hold

## **½ PIVOT RIGHT TWICE, TOGETHER**

**1-2** Step forward on left, ½ pivot to the right

**3-4** Step forward on left, ½ pivot to the right

**&** Step left beside right

## **REPEAT**