

RIDE A COWBOY

LINEDANCE.COM

Count: 36

Wall: 2

Level: beginner/intermediate

Choreographer: Frank Light & Daun Gross-Light

Music: Save A Horse (Ride A Cowboy) by Big & Rich

- 1-2** Step forward to the left with the left foot, step to the right with the right foot (legs spread shoulder width, weight evenly distributed, knees bent slightly (position of a cowboy in the saddle))
- 3-4** Hip shake to the left, hip shake to the right
- 5-6** Hop forward with legs spread, hop forward with legs spread
- 7-8** Hip shake to right, hip shake to left

1-2(Shift weight to the left foot) touch turn to the left (touch right toe to right side, step right next to left as you turn ½ turn to the left (to 6:00), shift weight to the right foot)

- 3-4** Left kick-ball-change (weight to right foot)
- 5-6** Cross left foot over right foot and touch turn ½ turn to the right (to 12:00, weight on right foot)
- 7-8** Touch left foot to front, touch left foot to rear

- 1-2** Shuffle forward left-right-left (weight on left foot)
- 3-4** Touch right foot to front, touch turn to the left ¼ turn (9:00, weight on left foot)
- 5-6** Cross right foot over left, turn ½ turn to the left (to 3:00, shift weight to right foot)
- 7-8** Left kick-ball-change (weight on right foot)

- 1-2** Left sailor shuffle (weight on left foot)
- 3-4** Right sailor shuffle turning ¼ turn to the right (6:00, weight on right foot)
- 5-8** Starting with left foot, walk forward 4 steps while turning full turn (walking turn, weight ends up on right foot)

1-2 Step forward on left foot, lock right foot behind left heel (weight on right foot)

3-4 Step forward on left foot, lock right foot behind left heel (weight on right foot)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=e-a-cowboy-ID36012