

Traktor Polka

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Aiden Fryer (UK) Nuline - June 2014

Music: Traktor Polka by Atomik Harmonik

START ON WORDS VOCALS COUNTS

SIDE ROCK TOGETHER, SIDE ROCK RECOVER, BEHIND KICK BALL CROSS SIDE

1-2& Rock right to right side recover on left step right next to left

3-4 Rock left to left side, recover on right to right side

5-6&step down on left foot behind right, kick right to right side, step down on right

7-8 Cross left over right step right to right side

ROCK BACK RECOVER SHUFFLE ¼ FULL TURN RIGHT SHUFFLE FORWARD

1-2 Rock left behind right recover on right foot

3&4 Shuffle ¼ left stepping left forward, step right next to left step forward on left

5-6½ over left shoulder, step back on right, ½ over left step left foot forward

7&8 Right shuffle forward stepping right forward, left next to right, step right foot forward

ROCK FORWARD LEFT RECOVER BACK, LEFT COASTER STEP, RIGHT ROCKING CHAIR

1-2 Rock forward on left recover on right

3&4 Left coaster step left back, right next to left, step left foot forward

5-6 Rock forward on right, recover on left

7-8 Rock back on right, recover onto left foot stepping forward

STEP ¼ STEP ¼ JAZZBOX WITH CROSS

1-2 Step forward on right, make ¼ left weight onto left foot

3-4 Step forward on right, make ¼ left weight onto left foot

5-6 Cross right over left, step back on left

7-8 Step right foot to right side, cross left over right

Wall 5 after 14 counts

1-2 Tag - Walk Right Walk Left

Optional Hands as you rock to side , bring arms up on HANDS UP AND OUT

END OF DANCE - ENJOY

Contact: <http://www.aidenfryerdance.moonfruit.com>

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