

REDNECK AEROBICS

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Count: 64

Wall: 4

Level: intermediate/advanced

Choreographer: Vicki E. Rader

Music: 634-5789 by Trace Adkins

FOUR-DIRECTIONAL TOUCHES WITH HOLDS/CLAPS

- 1-2** Touch right heel forward; hold the count and clap hands
- &** Step right foot home
- 3-4** Touch left toe back; hold the count and clap hands
- &** Step left foot home
- 5-6** Touch right toe to the right; hold the count and clap hands
- &** Step right foot home
- 7-8** Touch left toe to the left; hold the count and clap hands

MODIFIED JUMPING JACKS, CLAP, CROSS, UNWIND, JUMPING JACK

- 9-10** Switch left foot home, touching right toe right; switch right foot home, touching left toe to left side
- 11-12** Switch left foot home, touching right toe to right; hold the count and clap hands
- 13-14** Step right foot across left foot; turn $\frac{1}{2}$ to the left to unwind
- 15-16** Jump in place, landing with feet apart; jump in place, landing with feet together

MODIFIED ROMPS

- &17** Step back 45 degrees to the right on right foot; touch left heel 45 degrees forward to the left
- 18** Hold the count
- &19** Step home on left foot; step home on right foot
- 20** Hold the count
- &21** Step back 45 degrees to the left on left foot; touch right heel 45 degrees forward to the right
- 22** Hold the count
- &23** Step home on right foot; step home on left foot
- 24** Hold the count

ROMPS

- &25** Step back 45 degrees to the right on right foot; touch left heel 45 degrees forward to the left
- &26** Step home on left foot; step home on right foot
- &27** Step back 45 degrees to the left on left foot; touch right heel 45 degrees forward to the right
- &28** Step home on right foot; step home on left foot
- 29-30** Touch right heel forward; touch right toe back
- 31-32** Hook right foot behind calf of left leg; pivot $\frac{1}{4}$ left on left foot

GRAPEVINES WITH $\frac{1}{2}$ TURNS

- 33-34** Step right on right foot; step left foot behind right
- 35-36** Step right on right foot, pivoting $\frac{1}{2}$ turn to the right; step left foot next to right
- 37-38** Step right on right foot; step left foot behind right
- 39-40** Step right on right foot, pivoting $\frac{1}{2}$ turn to the right; step left foot next to right

LOUIE-LOUIE WALK

- 41** Step forward on right foot
- &42** Turn both heels out; turn both heels back to center
- 43** Step forward on left foot
- &44** Turn both heels out; turn both heels back to center
- 45** Step forward on right foot
- &46** Turn both heels out; turn both heels back to center
- 47** Step forward on left foot
- &48** Turn both heels out; turn both heels back to center

STOMPS, MODIFIED MONTEREY TURNS

- 49-50** Stomp right foot in place twice
- 51-52** Touch right toe to right side; pivot $\frac{1}{4}$ right on left foot, stepping right foot next to left
- 53-54** Stomp left foot in place twice
- 55-56** Touch left toe to left side; pivot $\frac{1}{4}$ left on right foot, stepping left foot next to right

STEP-TOUCHES WITH $\frac{1}{4}$ TURNS

- 57-58** Step right on right foot; touch left toe next to right
- 59-60** Step $\frac{1}{4}$ turn left on left foot; touch right toe next to left
- 61-62** Step right on right foot; touch left toe next to right
- 63-64** Step $\frac{1}{4}$ turn left on left foot; touch right toe next to left

REPEAT