

# The Sweetest Days

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**Count:** 32      **Wall:** 4      **Level:** —

**Choreographer:** Amanda BOWDEN (Vic) & Gordon Elliott (NSW). June 2017

**Music:** "The Sweetest Days" By Vanessa Williams. Album: "The Sweetest Days"

**This dance is done in FOUR directions. Introduction : 16 Beats**

**Original Position: Feet Together Weight On The Left Foot.**

**COASTER FORWARD, BEHIND-1/4 FORWARD-QUICK PIVOT-FORWARD FULL HITCH,  
FORWARD-TOGETHER-BACK, BACK**

- 1 & 2      Coaster : Step R Forward, Step L Together, Step R Back,  
3 &      Sweep To Step L Behind Right, Turn 90° Right Step R Forward, (3.00)  
4 &      Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (9.00)  
5      Step L Forward Turning 360° Right Hitch R, (9.00)  
6 &      Step R Forward, Step L Together,  
7, 8      Sweep To Step R Back, Sweep To Step L Back. (9.00)

**BACK-HOOK-FORWARD-SWEEP-ACROSS-SIDE-BEHIND-SIDE-ACROSS, ROCK & ACROSS,  
ROCK &**

- 1 &      Step R Back, Hook L Heel To Right Shin,  
2 &      Step L Forward, Sweep R Toe To The Side, (9.00)  
3 &      Step R Across In Front Of Left, Step L To The Side,  
4 &      Step R Behind Left, Step L To The Side,  
5, 6 &      Step R Across In Front Of Left, Rock Onto L, Step R Together,  
7, 8 &      Step L Across In Front Of Right, Rock Onto R, Step L Together. (9.00)

**FORWARD 1/2 SWEEP, BEHIND-SIDE-ACROSS, SIDE-ROCK-ACROSS, 1/4 BACK-1/2  
FORWARD-FORWARD, ROCK &**

- 1      Step R Forward Turning 180° Left Sweep L Toe To The Side, (3.00)  
2 & 3      Step L Behind Right, Step R To The Side, Step L Across In Front Of Right,  
4 & 5      Step R To The Side, Side Rock Onto L, Step R Across In Front Of Left,  
6 &      Turn 90° Right Step L Back, Turn 180° Right Step R Forward, (12.00)

**7, 8 &** Step L Forward, Rock Back Onto R, Step L Together. (12.00)

**PIVOT TURN, ROLL FORWARD-FORWARD, BACK-1/2 FORWARD-1/4 SIDE & ACROSS,  
ROCK &**

**1, 2** Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (6.00)

**3 &** Turn 180° Left Step R Back, Turn 180° Left Step L Forward, (6.00)

**4** Step R Forward,

**5 &** Step L Back, Turn 180° Right Step Forward, (12.00)

**6 &** Turn 90° Right Step L To The Side, Step R Together, (3.00)

**7, 8 &** Step L Across In Front Of Right, Rock Onto R, Step L Together. (3.00)\*\*

**[32] REPEAT THE DANCE IN NEW DIRECTION**

**TAG : At the END ( \*\* ) of WALL 2 (6.00) ADD the following tag :**

**1 & 2** Coaster : Step R Forward, Step L Together, Step R Forward,

**3 & 4** Coaster : Step L Back, Step R Together, Step L Forward,

**5, 6** Rocking Chair : Step R Forward, Rock Back Onto L,

**7, 8** Step R Back, Rock Forward Onto L.