

# VDC Promise

LINEDANCE.COM

**Count:** 72                      **Wall:** 4                      **Level:** Beginner / Improver - Bachata

**Choreographer:** Marilou Betham & Monica Tan (Vogue Dance Club) Oct 2012

**Music:** Promise by Romeo Santos feat. Usher

**Intro : 32 Counts from Niels Poulsen Sweetie Line Dance**

**Main Dance : Bachata - 72 counts, 4 walls**

**Intro : Nightclub Step (from Niels Poulsen - Sweetie Line Dance)**

**A : BASIC NIGHTCLUB STEP L, R, L, vine ½ with sweep, run run (facing front)**

- 1            Take a big step with L to L side 12:00
- 2&3        Close R behind L, cross R over L, take a big step with R to R side 12:00
- 4&5        Close L behind R, cross R over L, step L to L side 12:00
- 6&7        Cross R behind L, turn ¼ L stepping fw on L, turn ¼ L on L sweeping R in front of L 6:00
- 8&         Run diagonally fw on R towards 4:30, repeat with L 4:30

**B : Cross rock, side R, cross rock, 3/8 L, basic R, sway, sway**

- 1            Cross rock R over L 4:30
- 2&3        Recover weight back to L, step R to R side turning body ¼ R, cross rock L over R 7:30
- 4&5        Recover weight back to R, turn 3/8 L stepping a small step fw on L, make big step R 3:00
- 6&7        Close L behind R, cross R over L, step L to L side swaying upper body to L side 3:00
- 8 &        Step onto R swaying upper body to R side 3:00, Flick L foot

**C : Repeat A (facing 3:00)**

**D : Repeat B steps from 1 to 5**

- 6&7        Close L behind R, cross R over L, step L to L side with a quarter turn to the left
- 8&         Step R to R with another quarter turn to face the front, close L together

**Bachata - Main Dance**

**(A) BASIC STEP SIDE BACHATA , HIP BUMP --- X 2 (R,L)**

- 1 - 2: Step R to right side -- Close L together R**

**3 - 4: Step R to right side bumping hip to right -- Touch L slightly opened to side bumping Hip to left**

**5 - 6: Step L to left side -- Close R together L**

**7 - 8: Step L to left side bumping hip to left -- Touch R slightly opened to side bumping Hip to right**

**(B) 1-8 REPEAT SECTION A**

**(C) BASIC STEP FORWARD AND BACKWARD BACHATAS'S ( body angle face at 11:00)**

**1 - 2: Step R forward -- Step L beside R**

**3 - 4: Step R forward bumping hip to right forward -- Hitch L forward**

**5 - 6: Step L backward -- Step R back together**

**7 - 8: Step L backward bumping hip to left back -- Touch R slightly forward bumping To right forward**

**(D) 1-8 REPEAT SECTION C**

**(E) ROLLING VINE , HIP BUMPS ----X2**

- 1 Make a  $\frac{1}{4}$  turn right stepping R forward
- 2 Turn  $\frac{1}{2}$  right stepping L back
- 3 Turn  $\frac{1}{4}$  to right stepping R to right side
- 4 Hip bump to left (weight on R)
- 5 Make a  $\frac{1}{4}$  turn left stepping L forward
- 6 Turn  $\frac{1}{2}$  left stepping R back
- 7 Turn  $\frac{1}{4}$  to left stepping L to left side
- 8 Hip bump to right (weight on L)

**(F): STEP-HITCH TURN**

- 1-2 Step R to right, hitch left knee and turn  $\frac{1}{2}$  right (weight to right)
- 3-4 Step left to side, hitch right knee and turn  $\frac{1}{2}$  right (weight to left)
- 5-6 Step right to side, tap left together

**7&8&** Step left to side, step right together, Step left to side, step right together,

**(G) 1-8 REPEAT SECTION E**

**(H) HIP SWAYS with Quarter Turn**

**1-3** With knees slightly bent sway hip R, L, R while slowly completing a quarter turn to the L

**(counterclockwise, sway with figure 8 motion)**

**4** Hip bump to L

**5-7** With knees slightly bent sway hip L, R, L while slowly completing a quarter turn to the L

**(counterclockwise, sway with figure 8 motion)**

**8** Hip bump to R

**9-11** With knees slightly bent sway hip R, L, R while slowly completing a quarter turn to the L

**(counterclockwise, sway with figure 8 motion)**

**12** Hip bump to L

**13-15** With knees slightly bent sway hip L, R, L in place (sway with figure 8 motion)

**16** Hip bump to R

**Now you're ready for the new wall. Start again!**

**Note: as the song nears it's ending, you will be facing the front, do hip sways (section H) but don't turn anymore.**

**enjoy!**