

# ZIG ZAG

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**Count:** 40

**Wall:** 4

**Level:** beginner/intermediate east coast swing

**Choreographer:** Nancy A. Morgan

**Music:** Zig Zag Stop by Toby Keith

## **TOE, STEP, TOE, STEP, SHUFFLE FORWARD, ROCK STEP**

- 1-2 Touch right toes forward, step on right foot (in place)  
3-4 Touch left toes forward, step on left foot (in place)  
5&6 Shuffle forward - right, left, right  
7-8 Rock/step forward on left and back on right

## **TOE, HEEL DROP, TOE, HEEL DROP, COASTER STEP, KICK-BALL-CHANGE**

- 1-2 Touch left toes back, drop heel to floor  
3-4 Touch right toes back, drop heel to floor

**5&6(Coaster step) step back on left, back on right, step forward on left**

**7&8(Kick-ball-change) kick right foot slightly forward, step right next to left as you lift left off of floor, set left foot on floor next to right (weight is on left)**

## **STEP, HITCH, STEP, HITCH, PRESS, HITCH, STEP, ¼ TURN LEFT**

- 1-2 Step forward on right, bring left knee up as you hop on right foot  
3-4 Step forward on left, bring right knee up as you hop on left foot  
5-6 Press right toes to floor (leaning slightly forward), bring right knee up as you bend at waist toward knee)  
7-8 Step slightly forward on right, turn ¼ turn to left (weight is on left)

## **JAZZ BOX SQUARE, JAZZ BOX SQUARE**

- 1-2-3-4 Cross right over left, step back on left, step right to right side, step forward on left  
5-6-7-8 Cross right over left, step back on left, step right to right side, step forward on left

## **TOUCH OUT, STEP FORWARD, TOUCH OUT, STEP FORWARD, MONTEREY TURN**

- 1-2 Touch right toes out to right side, step forward on right  
3-4 Touch left toes out to left side, step forward on left

**5-6-7-8(Monterey turn) touch right toes out to right side, push off of your right turning to your right ½ turn landing on your right foot next to your left, touch left toes out to left side, step left next to right**

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=47810](https://www.linedance.com/index.php?f=dance_view&id=47810)