

# THE TOBERMORY SWING

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**Count:** 32                      **Wall:** 4                      **Level:** beginner/intermediate

**Choreographer:** Gail Tako

**Music:** The Swing by James Bonamy

**The dance starts when the artist begins his lyrics (on 25th count). Finish the dance by repeating Counts 25-32 at the end of the song.**

## PENDULUM SWINGS

- 1&            Point right toe to the right side, step right foot home beside left
- 2&            Point left toe to the left side, step left foot home beside right
- 3&            Point right toe to the right side, step right foot home beside left
- 4             Point left toe to the left side

## CROSS OVER, UNWIND, SHUFFLE

- 5-6           Cross left foot over right, unwind  $\frac{1}{2}$  to the right (weight on left)
- 7&8          Shuffle forward right-left-right

## ROCK STEP, SCISSOR SPLIT, ROCK STEP

- 9&            Rock forward left, rock back home on right
- 10            Step back on left while touching right heel forward
- &11          Step back home on right, rock forward left
- &12          Step back home on right, step left foot home beside right

## HEEL AND BODY TWISTS

- 13-14        With weight on balls of both feet, twist heels right (body left), twist heels left (body right)
- 15&16        Twist heels right (body left), twist heels left (body right), twist  $\frac{1}{4}$  turn left with body (heels will twist right again) ending with weight on left foot

## ROCKING BODY SWAYS

- 17-18        Rock right foot to right side while swaying body to right side, rock left and sway body to left side
- 19-20        Rock right and sway body to right side, rock left and sway body to left side

## ROCK STEP, COASTER STEP

**21-22** Rock forward right, rock back home on left

**23&24** Step back right, step left together with right, step forward with right

### **HERRINGBONE VINES**

**25&** Step left foot to left side, cross right behind left

**26&** Step left foot to left side, cross right behind left

**27-28** Step left foot to left side, touch right heel forward

**29&** Step right foot to right side, cross left behind right

**30&** Step right foot to right side, cross left behind right

**31-32** Step right foot to right side, touch left heel forward

**&** Step left home beside right

### **REPEAT**