

Take The Road

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Sandra Speck (May 2016)

Music: Road Less Traveled by Lauren Alaina. Album: Lauren Alaina EP- iTunes

#8 count intro, approx. 4 seconds

S1. KICK OUT OUT, KNEE IN OUT, SAILOR STEP X 2

- 1&2** Kick R foot forward, step R to side, step L to side
- 3 - 4** Bend R knee in, bend R knee out
- 5&6** Cross R behind L, step L to side, step R to side (travelling slightly back)
- 7&8** Cross L behind R, step R to side, step L to side “ “

S2. BACK ROCK, KICK BALL STEP, TAP BACK, COASTER STEP

- 1 - 2** Rock back on R foot, recover on to L
- 3&4** Kick R forward, step R next to L , step a big step forward on L
- 5 - 6** Tap R behind L, step back on R
- 7&8** Step back on L, close R next to L, step forward on L

S3. HEEL GRIND, COASTER STEP, SCUFF BACK, SIT DOWN, UP

- 1 - 2** Grind R heel across L, step L to L side
- 3&4** Step back on R, close L next to R, step forward on R
- 5 - 6** Scuff L foot forward, step back on L
- 7 - 8** Bend knees slightly as you 'sit' back, straighten up (or push hips back, and forwards)

S4. SIT DOWN, UP, STEP TURN ¼ , CROSS, SIDE, TOUCH ½ TURN LEFT

- 1 - 2** Bend knees slightly as you 'sit' back, straighten up (or push hips back, and forwards)
- 3 - 4** Step forward on left, pivot ¼ R transferring weight to R
- 5 - 6** Cross L over R, step R to R side
- 7 - 8** Touch left behind R, make ½ turn L, transferring weight to L

S5. SHUFFLE FORWARD STEP PIVOT ¾ , CHASSE, BACK ROCK

- 1&2** Shuffle forward R-L-R

- 3 - 4 Step forward L, pivot $\frac{3}{4}$ turn R transferring weight to R
- 5&6 Step L to side, close R next to L, step L to side
- 7 - 8 Rock back on to R, recover on to L

S6. TURN $\frac{1}{4}$ X 2, CROSS ROCK, TURN $\frac{1}{4}$, $\frac{1}{2}$ X 2 STEP

- 1 - 2 Turn $\frac{1}{4}$ L stepping back on right. Turn $\frac{1}{4}$ L stepping L to side
- 3 - 4 Cross R over L, recover on to L
- 5 - 6 Turn $\frac{1}{4}$ R stepping forward on R, turn $\frac{1}{2}$ R stepping back on L
- 7 - 8 Turn $\frac{1}{2}$ R stepping forward on R, step forward on L *Restart*

(Easy option for counts 6, 7 walk forward L-R)

S7. FORWARD ROCK OUT OUT BACK, BACK OUT OUT BACK, BACK

- 1 - 2 Rock forward on R, recover on to L
- &3,4 Step R to R side, step L to L side, step back on R
- 5&6 Step back on left, step R to R side, step L to L side
- 7 - 8 Step back on R, step back on L

S8. BACK ROCK, KICK BALL STEP, STEP PIVOT $\frac{1}{2}$ X 2

- 1 - 2 Rock back on R, recover on to L
- 3&4 Kick R forward, step R next to L, step forward on L
- 5 - 6 Step forward on R, pivot $\frac{1}{2}$ turn L
- 7 - 8 Step forward on R, pivot $\frac{1}{2}$ turn L

START AGAIN

Restart: Dance to count 48 of wall 2, then restart the dance from the beginning (facing 6 o'clock)

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