

# Your Not Alone

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Peter Jones & Anna Lockwood (England) Oct 2011

**Music:** I Won't Let You Go by James Morrison. Album: "The Awakening" (110 bpm)

## Starts 27 secs in.

### S1: $\frac{1}{4}$ , Touch, Shuffle $\frac{1}{2}$ , Rock, Recover, Shuffle $\frac{1}{2}$ .

- 1-2      Step  $\frac{1}{4}$  R Onto R, Touch L Next To R.  
3&4      Step  $\frac{1}{2}$  L Onto L, Step R Next To L, Step Forward Onto L.  
5-6      Rock Forward Onto R, Recover Onto L.  
7&8      Step  $\frac{1}{2}$  R Onto R, Step L Next To R, Step Forward Onto R.

### S2: Step, $\frac{1}{2}$ , Shuffle, $\frac{1}{4}$ Rock, Recover, Behind, Side, Cross.

- 1-2      Step Forward Onto L, Pivot  $\frac{1}{2}$  R Onto R.  
3&4      Step Forward Onto L, Step R Next To L, Step Forward Onto L.  
5-6      Step  $\frac{1}{4}$  L Onto R, Recover Weight Onto L.  
7&8      Step R Behind L, Step L To L Side, Cross R Over L.

### S3: $\frac{1}{4}$ , Touch, Shuffle $\frac{1}{2}$ , Rock, Recover, Shuffle $\frac{1}{2}$ .

- 1-2      Step  $\frac{1}{4}$  L Onto L, Touch R Next To L.  
3&4      Step  $\frac{1}{2}$  R Onto R, Step L Next To R, Step Forward Onto R.  
5-6      Rock Forward Onto L, Recover Onto R.  
7&8      Step  $\frac{1}{2}$  L Onto L, Step R Next To L, Step Forward Onto L.

### S4: Step, $\frac{1}{2}$ , Shuffle, $\frac{1}{4}$ Rock, Recover, Behind, Side, Cross.

- 1-2      Step Forward Onto R, Pivot  $\frac{1}{2}$  L Onto L.  
3&4      Step Forward Onto R, Step L Next To R, Step Forward Onto R.  
5-6      Step  $\frac{1}{4}$  R Onto L, Recover Weight Onto R.  
7&8      Step L Behind R, Step R To R Side, Cross L Over R.

### S5: Rock, Recover, Behind, $\frac{1}{4}$ , Step, Walk L, R, Samba Step.

- 1-2      Rock R Forward To R Diagonal, Recover Weight Onto L.

- 3&4** Step R Behind L, Step  $\frac{1}{4}$  L Onto L, Step Forward Onto R.
- 5-6** Step Forward Onto L, Step Forward Onto R.
- 7&8** Rock L To L Side, Recover Weight Onto R, Step Forward Onto L.

**S6: Rock, Recover, Shuffle  $\frac{1}{2}$ , Walk L, R, Samba Step.**

- 1-2** Rock Forward Onto R, Recover Weight Onto L.
- 3&4** Step  $\frac{1}{2}$  R Onto R, Step L Next To R, Step Forward Onto R.
- 5-6** Step Forward Onto L, Step Forward Onto R.
- 7&8** Rock L To L Side, Recover Weight Onto R, Step Forward Onto L.

**S7: Rock, Recover, Shuffle  $\frac{1}{2}$ , Step  $\frac{1}{2}$ , Step  $\frac{1}{4}$ , Cross Shuffle.**

- 1-2** Rock Forward Onto R, Recover Weight Onto L.
- 3&4** Step  $\frac{1}{2}$  R Onto R, Step L Next To R, Step Forward Onto R.
- 5-6** Step  $\frac{1}{2}$  R Back Onto L, Step  $\frac{1}{4}$  R Onto R.
- 7&8** Cross L Over R, Step R To R Side, Cross L Over R.

**S8: Rock, Recover, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross.**

- 1-2** Rock R Forward To R Diagonal, Recover Weight Onto L.
- 3&4** Step R Behind L, Step L To L Side, Cross R Over L.
- 5-6** Rock L Forward To L Diagonal, Recover Weight Onto R.
- 7&8** Step L Behind R, Step R To R Side, Cross L Over R.

**Have Fun and Dance With A Smile ;0)**

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