

SEVEN YEAR ACHE

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Count: 32

Wall: 4

Level: beginner/intermediate social cha

Choreographer: Lisa Ferguson

Music: Seven Year Ache by Trisha Yearwood

SIDE ROCK, REPLACE, RIGHT KICK BALL TAP, SIDE, TOGETHER, LEFT CHASSE WITH $\frac{1}{4}$ TURN LEFT

- 1-2** Step right to right side rocking weight onto right, replace weight back onto left
- 3&4** Kick right forward, step down on ball of right, tap left toe in front of right
- 5-6** Step left to left side, close right beside left
- 7&8** Step left to left side, close right beside left, step left $\frac{1}{4}$ turn left

STEP $\frac{1}{4}$ PIVOT LEFT, CROSS SHUFFLE, LEFT SIDE ROCK, REPLACE, BEHIND, SIDE, FORWARD

- 1-2** Step forward on right, on balls of both feet pivot $\frac{1}{4}$ turn left
- 3&4** Cross right over left, step left to left side, cross right over left
- 5-6** Step left to left side rocking weight onto left, replace weight back onto right
- 7&8** Cross left behind right, step right to right side, step forward on left

STEP $\frac{1}{2}$ PIVOT, SHUFFLE $\frac{1}{4}$ TURN, BACK ROCK, REPLACE, LEFT KICK BALL CROSS

- 1-2** Step forward on right, on balls of both feet pivot $\frac{1}{2}$ turn left
- 3&4** Making $\frac{1}{4}$ turn on left step right to right side, close left beside right, step right to right side
- 5-6** Rock back on left, replace weight forward onto right
- 7&8** Kick left forward, step down on ball of left, tap right toe in front of left

STEP, LOCK, STEP, LOCK, STEP, ROCK, REPLACE, SHUFFLE $\frac{1}{2}$ TURN LEFT

- 1-2** Step forward on right, lock left behind right
- 3&4** Step forward on right, lock left behind right, step forward on right
- 5-6** Rock forward on left, replace weight back onto right
- 7&8** Make $\frac{1}{2}$ turn shuffle left stepping left, right, left

REPEAT