

Slow Fox

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Glynn "Applejack" Rodgers (Nov. 2015)

Music: Sweet Dreams by Thomas Anders

Alt. music: -

Mis Deseos/Feliz Navidad by Michael Buble & Thalia

Lonely Woman Make Good Lovers by Steve Wariner

I Feel Lucky by Mary Chapin Carpenter.

[1-8]: Side, Hold, Back Rock, Chasse Right, Hold.

1-4: Step left to left side, hold. Rock back right, recover weight onto left.

5-8: Step right to right side, close left to right, step right to right side, hold.

[9-16]: Cross Rock, $\frac{1}{4}$ Turn, Hold, Pivot $\frac{1}{2}$ Turn, $\frac{3}{4}$ Turn (feet closed).

1-2: Cross rock left over right, recover weight onto right.

3-4: Turn $\frac{1}{4}$ left stepping forward left, hold.

5-6: Step forward right, pivot $\frac{1}{2}$ turn left.

7-8: Make $\frac{1}{2}$ turn left stepping back right, turn $\frac{1}{4}$ left stepping side left. (Keep these steps as small as possible so the turn is done on the spot)

[17-24]: Right Twinkle, Left $\frac{1}{4}$ Turning Twinkle.

1-2: Cross right over left (bending knees slightly), hold.

3-4: Step left to left side, close right to left. (Rising up onto the balls of your feet)

5-6: Cross left over right (bending knees slightly), hold.

7-8: Turn $\frac{1}{4}$ left stepping slightly back on right, close left to right. (Rising up onto the balls of your feet)

[25-32]: Bending Cross Rock, Hold, Recover, Side, Point, Hold, Cross, Flick.

1-2: Bending the knees slightly, cross rock right over left, hold.

3-4: Recover weight onto left, step right to right side.

5-6: Point left to left side, hold.

7-8: Cross left over right, flick right heel back towards 5 o'clock.

[33-40]: Weave Left, Flick, Cross, Hinge Turn, Point.

1-4: Cross right over left, step left to left, cross right behind left, flick left heel back towards 7 o'clock.

5-6: Cross left over right, turn $\frac{1}{4}$ left stepping back right.

7-8: Turn $\frac{1}{4}$ left stepping side left, point right to right side.

[41-48]: $\frac{1}{4}$ Turn, Sweep, Cross, Side, Rock Back, Hold, Recover, $\frac{1}{4}$ Turn.

1-4: Make $\frac{1}{4}$ turn right stepping forward right, (big) sweep left foot forward, cross left over right, step right to right side.

5-6: Rock back onto left, hold.

7-8: Recover weight onto right, turn $\frac{1}{4}$ right stepping back left.

[49-56]: $\frac{1}{2}$ Turn, Hold, Side Rock, Cross, Hold, Side Rock.

1-2: Make $\frac{1}{2}$ turn right stepping forward right, hold.

3-6: Rock left to left side, recover weight onto right, cross left over right, hold.

7-8: Rock right to right side, recover weight onto left.

[57-64]: Hinge/Monterey $\frac{1}{2}$ Turn, Hold, Side Rock, Cross Rock, Side, Close.

1-2: Make $\frac{1}{2}$ turn right on to ball of the left foot closing right to left, hold.

3-6: Rock left to left side, recover onto right, cross rock left over right, recover onto right.

7-8: Step left to left side, close right to left.

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