

Stop Me

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Hazel Pace – April 2018

Music: Stop Me (If You've Heard It All Before) by Billy Ocean

Intro: 40 Counts

[1 - 8] Rock Recover, Crossing Shuffle, 1/4 Right, Side, Cross Touch.

- 1 - 2 Rock right to right side, recover on left.
- 3 & 4 Cross right over left, left to left side, cross right over left.
- 5 - 6 Make 1/4 turn right stepping back on left, right to right side. (3.00).
- 7 - 8 Cross left over right, touch right to right side. (Option – Can sweep instead of touch).

[9 - 16] Cross Side Behind 1/4 Left, Step 1/2 Pivot Left X 2 (Option, Rocking Chair).

- 1 - 2 Cross right over left, left to left side.
- 3 - 4 Cross right behind left, make 1/4 turn left on left. (12.00).
- 5 - 6 Step forward on right, 1/2 pivot turn left.
- 7 - 8 Step forward on right, 1/2 pivot turn left. (12.00).

(Option for counts 5 - 8, Rocking chair).

[17 - 24] Rock Forward Recover, Back on Right - Left, Flick Right, Clap.

- 1 - 2 Rock forward on right, recover on left.
- &3-4 Step back on right, step back on left, small kick forward with right, CLAP.
- 5 - 6 Rock back on right, recover on left.
- 7 & 8 Triple 1/2 turn left on right, left, right. (6.00).

[25 - 32] Rock Back Recover, 3/4 Turn Right, Cross Side, Cross Side Cross.

- 1 - 2 Rock back on left, recover on right.
- 3 - 4 Make 1/2 turn right stepping back on left, make 1/4 right stepping right to right side. (3.00).
- 5 - 6 Cross left over right, right to right side.
- 7 & 8 Cross left over right, right to right side, cross left over right.

TAG: One 8 count Tag at the end of 6th sequence

- 4 step paddles making 1/2 turn left to face 12 o'clock.

Email - hazel.pace@sky.com - www.hazelandrolys.com - Mobile 07807 914674

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=125177