Shape of U

Count: 32 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Suzi Beau – Jan 2017

Music: Ed Sheeran - Shape of you

Intro: 16 Counts - No Tags or Restarts

SECTION 1: ROCK RECOVER & STEP TWIST HEELS, COASTER STEP, STEP PIVOT CROSS SIDE

1,2&	Rock fwd on R(1), Recover L(2) Step R next to L(&).
3&4	Step fwd of L(3), Twist heels L(&) Twist heels back to center (4)
5&6	Step L back(5), Step R next to L (&) Step fwd L
7&8 &	Step fwd R (7), Pivot 1/4 L(&) Cross R over L (8) Step L to L side (9:00)

SECTION 2: CROSS SAMBA, CROSS SAMBA, FORWARD R MAMBO, FWD L ROCK STEP BACK LOCK

1&2	Cross R over L (1) Rock L to L side pushing hip up (&) Recover R (2)
3&4	Cross L over R (3) Rock R to R side pushing hip (&) Recover L (4)
5&6	Rock fwd on R (5) recover on L(&) Step R next to L pushing bottom out (6)
7&8&	Rock forward on L (7) Recover on R(&) Step back on L (8) Lock R infront of L (&)

SECTION 3: BACK HITCH BUMP BACK FORWARD BACK, BACK ROCK, STEP HITCH 1/4 CROSS POINT FLICK

1, 2	Step back on L (1) Hitch R (2)
3&4	Step back on R Pushing hips back (3) Recover weight on L pushing hips fwd(&) recover weight R pushing hips fwd (4)
5,6	Rock back on L (5) Recover on R Hitching L across R turning 1/4 R (12:00)
7,8 &	Cross L over R (7) Point R to R side(8) Flick R behind L(&)

SECTION 4: SIDE ROCK 1/2 TURN R SIDE ROCK, POINT FORWARD POINT SIDE, BALL POINT HITCH STEP TOGETHER

1,2&	Rock R to R side(1),Recover on L (2)
&3,4	Turn 1/2 Right stepping R in place(&) Rock L out to L side (3) Recover R(4)

5,6	Point L fwd(5) Point L to L side(6)
&7&8&	Step on ball of L(&) Point R to R side(7) Hitch R (&) Step fwd R(8) Step L to R (&)

Last Update – 24th Jan 2017

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=115900