

This Is Me (In Nashville)

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Karen Kennedy (Nuline - January 2017)

Music: This Is Me by Derek Ryan (Single) or New Album - This Is Me(Nashville Songbook)

Music Download:- iTunes & Amazon, plus other music stores.

Intro:- 16 counts just before vocals kick in

RIGHT CHASSE, ROCK BACK, RECOVER, $\frac{1}{4}$ LEFT TRAVELLING SHUFFLE BACK, $\frac{1}{2}$ TURNING SHUFFLE

1&2 Step right to right side, close left beside right, step right to right side

3 -4 Rock back on left, recover on right

5&6 $\frac{1}{4}$ turn right stepping back on left, close right beside left, step left back (3.00)

7&8 Over right shoulder $\frac{1}{2}$ turning shuffle – stepping forward on right, left, right (9.00)

ROCK FWD, RECOVER, $\frac{1}{4}$ LEFT CHASSE, RIGHT SAILOR, LEFT SAILOR WITH $\frac{1}{4}$ TURN

1 -2 Rock forward on left, recover on right,

3&4 $\frac{1}{4}$ turn left stepping left to left side, close right beside left, step left to left side (6,00)

5&6 Cross right behind left, step left to left side, step right to right side

7&8 Cross left behind right taking $\frac{1}{4}$ turn left, step right to right side, step left to left side (3.00)

*** Restart: during wall 4**

CROSS ROCK, RECOVER, RIGHT CHASSE, CROSS STEP, LEFT SAILOR WITH $\frac{1}{4}$ TURN

1 -2 Cross right over left, recover on left

3&4 Step right to right side, close left beside right, step right to right side

5 -6 Cross step left over to right side, step right to right side

7&8 Cross left behind right taking $\frac{1}{4}$ turn left, step right to right side, step left to left side (12.00)

RIGHT CHASSE, ROCK BACK, STEP $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, LEFT SHUFFLE

1&2 Step right to right side, close left beside right, step right to right side

3 -4 Rock back on left, recover on right

5 -6¼ turn right stepping back on left (9.00), ½ turn right stepping forward on right (3.00)

7&8 Step left forward, close right beside left, step left forward (9.00)

START DANCE AGAIN

Note:- During wall 4 dance first 16 counts and Restart dance facing back wall.

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