

# This Heart

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**Count:** 68      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Trish Arena , Charters Towers Qld - Nov 2011

**Music:** "This Heart" by Beccy Cole. Album: "Wild At Heart" [3.48]

**Starts On Vocals. - Starting Position: Feet Together, Weight On Left Foot**

**SIDE TOE STRUT, CROSS TOE STRUT, COASTER CROSS**

**1-4 TOUCH R TOE TO SIDE, DROP HEEL, TOUCH L TOE ACROSS RIGHT, DROP HEEL**

**5-8 STEP R BACK, STEP L TOG, STEP R ACROSS LEFT, HOLD**

**SIDE TOE STRUT, CROSS TOE STRUT, COASTER**

**9-12 TOUCH L TOE TO SIDE, DROP HEEL, TOUCH R TOE ACROSS LEFT, DROP HEEL**

**13-16 STEP L BACK, STEP R TOG, STEP L FWD, HOLD**

**STEP-LOCK-STEP, SCUFF, STEP-LOCK-STEP, SCUFF**

**17-20 STEP R TO RIGHT DIAG, LOCK L BEHIND RIGHT, STEP R TO RIGHT DIAG, SCUFF L**

**21-24 STEP L TO LEFT DIAG, LOCK R BEHIND LEFT, STEP L TO LEFT DIAG, SCUFF R**

**FWD, ROCK, BACK, KICK, BACK, KICK, BACK, ROCK**

**25-28 STEP R FWD, ROCK/REPLACE WT L, STEP R BACK, KICK L FWD**

**29-32 STEP L BACK, KICK R FWD, STEP R BACK, ROCK/REPLACE WT R (12:00) ##**

**¼ TURN FWD, ¼ TURN SIDE, ¼ TURN SHUFFLE**

**33-36 TURN 90° RIGHT STEP R, HOLD, TURN 90° RIGHT STEP L TO SIDE, HOLD**

**37-40 TURN 90° RIGHT SHUFFLE FWD R-L-R, HOLD (9:00)**

**SIDE-ROCK-CROSS, SIDE-ROCK-CROSS**

**41-44 STEP L TO SIDE, ROCK/REPLACE WT R, STEP L ACROSS RIGHT, HOLD**

**45-48 STEP R TO SIDE, ROCK/REPLACE WT L, STEP R ACROSS LEFT, HOLD**

**¼ TURN FWD, ROCKING CHAIR, ¼ PIVOT**

**49-52 TURN 90° LEFT STEP L, HOLD, STEP R FWD, ROCK/REPLACE WT L**

**53-56 STEP R BACK, ROCK/RECOVER WT L, STEP R FWD, TURN 90° LEFT TAKE WT L (3:00)**

**CROSS SHUFFLE, ¼ TURN, SCUFF, STEP-LOCK-STEP, SCUFF, ¼ PIVOT, ¼ PIVOT**

**57-60 STEP R ACROSS LEFT, STEP L TO SIDE, STEP R ACROSS LEFT, TURN 90° LEFT, SCUFF L**

**61-64 STEP FWD L, LOCK R BEHIND LEFT, STEP FWD L, SCUFF R**

**65-68 STEP R FWD, TURN 90° LEFT TAKE WT L, STEP R FWD, TURN 90° LEFT TAKE WT L (6:00)**

**TAG & RESTART: After Count 32 on Walls 2 & 5 (Facing BACK)**

**## ¼ PIVOT, ¼ PIVOT**

**1-4 STEP R FWD, TURN 90° LEFT TAKE WT L, STEP R FWD, TURN 90° LEFT TAKE WT L**

**BRIDGE: At the end of Wall 3 (facing BACK)**

**VEE-STEP, ¼ PIVOT, ¼ PIVOT, VEE-STEP**

**1-4 STEP R TO RIGHT DIAG, STEP LEFT TO LEFT DIAG, STEP R BACK, STEP L TOGETHER**

**5-8 STEP R FWD, TURN 90° LEFT TAKE WT L, STEP R FWD, TURN 90° LEFT TAKE WT L**

**9-12 STEP R TO RIGHT DIAG, STEP LEFT TO LEFT DIAG, STEP R BACK, STEP L TOGETHER**

**SHORT WALLS: On Walls 6 & 8 leave out Counts 65-68 (¼ Pivot, ¼ Pivot)**

**Choreographed at the special request of my friends Jan & George ..... Trish**