

SEVEN SHEETS TO THE WIND

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Liz Clarke

Music: Lightnin' Strikes A Good Man by Lacy J. Dalton

Dedicated the 'Tall Ships' on their recent visit to Greenock in Bonnie Scotland

SAILOR STEPS, CROSS UNWIND $\frac{3}{4}$ TURN RIGHT, STEP PIVOT $\frac{1}{2}$ TURN LEFT

1&2 Cross right behind left, step left to left, step right to right

3&4 Cross left behind right, step right to right, step left to left

5-6 Cross right behind left, unwind $\frac{3}{4}$ turn right

7-8 Step forward on left foot, pivot $\frac{1}{2}$ turn right

ROCK STEPS, SHUFFLE, $\frac{1}{2}$ TURN RIGHT, STEP BACK

1-2 Rock back on left, recover on right

&3-4 Quickly step in place on left, rock back on right, recover on left

5&6 Step forward on right, step left next to right, step forward on left

7&8 Step forward on left making $\frac{1}{2}$ turn right, step right next to left, step back on left

KICK BALL POINTS, CROSS UNWIND $\frac{3}{4}$, LEFT SHUFFLE

1&2 Kick right foot forward, step right beside left, point left toe to left side

3&4 Kick left foot forward, step left beside right, point right to right side

5-6 Cross right over front of left, unwind $\frac{3}{4}$ turn left

7&8 Step forward on left, step right beside left, step forward on left

FULL TURN LEFT, SHUFFLE, STEP $\frac{1}{2}$ TURN RIGHT, SHUFFLE

1-2 Step forward on right turning $\frac{1}{2}$ turn left, continue turning $\frac{1}{2}$ left stepping forward on left foot

3&4 Step forward on right, step left next to right, step forward on right

5-6 Step forward on left foot, pivot $\frac{1}{2}$ turn right

7&8 Step forward on right, step right next to left, step forward on left

REPEAT