

# Seven Nations

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**Count:** 32      **Wall:** 2      **Level:** Beginner / Improver

**Choreographer:** Craig Cooke (Nuline dance)

**Music:** "Seven Nation Army by Marcus Collins

## Start: On Vocals

### Section 1: RIGHT KICK BALL CROSS X 2 SIDE ROCK WEAVE $\frac{1}{4}$ TURN

**1&2**kick right to right side, step right in place, cross left over right

**3&4**kick right to right side, step right in place, cross left over right

**5-6**rock right to right side, recover onto left,

**7&8**step right behind left, step left to left making  $\frac{1}{4}$  turn, step right next to left

### Section 2: LEFT ROCK RECOVER, LEFT SAILOR, POINT RIGHT AND LEFT , TOUCH HITCH STEP

**1-2**rock forward onto left, recover onto right

**3&4**sweep left behind right, step right in to right side, step left to left side

**5&6**point right to right side, step right next to left, point left to left side

**&7**step left in place, point right to right side

**&8**hitch right knee up, and point right to right side

### Section 3: BACK ROCK STEP, X 2 LEFT CROSS ROCK CHASSE LEFT

**1&2**rock left behind right, recover onto left, step left to left side

**3&4**rock right behind left, recover onto left, step right to right side

**5-6**cross rock left over right, recover onto right,

**7&8**step left to left side, step right next to left, step left to left side

### Section 4: HEEL SWITCHES, AND HITCHES

**1&2point right heel forward, step right in place, point left heel forward**

**&3step left in place, point right heel forward**

**&4hitch right knee, place right heel forward**

**&5step right in place, point left heel forward**

**&6&7step left in place, point right heel forward, step right in place, point left heel forward**

**&8step left foot in place, touch right next to left**

**START AGAIN**