

# TENDER HEARTS

LINEDANCE.COM

**Count:** 32

**Wall:** —

**Level:** —

**Choreographer:** Donna Marie Bilodeau

**Music:** Tender Heart by Lionel Richie

## **STEP, LOCK, TRIPLE, STEP, BUMP BACK, FORWARD, BACK, FORWARD**

- 1 Step forward on right foot
- 2 Lock left foot behind right foot
- 3&4 Step forward on right foot, step left foot next to right, step right foot forward
- 5 Step left foot forward
- 6 Bump right hip back
- 7&8 Bump left hip forward, right hip back, left hip forward

## **STEP, RECOVER, ½ TURN TRIPLE, STEP, PIVOT ½ TURN, TRIPLE**

- 1 Step forward on right foot
- 2 Replace weight on left foot
- 3&4 Turn ½ right as you triple step right, left, right (RLOD)
- 5 Step forward on left foot
- 6 Drop left hands turn ½ right replacing weight on right foot (LOD)
- 7&8 Reconnect left hands triple forward left, right, left

## **MAN: WALK, WALK, TRIPLE, WALK, WALK, TRIPLE: LADY: TURN, TURN, TRIPLE, TURN, TURN, TRIPLE**

**1-2MAN: Walk forward on right foot, walk forward on left foot**

**LADY: Drop left hands ½ turn left (LOD) step back on right foot, ½ turn left (LOD) step forward on left foot**

- 3&4 Reconnect left hands triple forward, right, left, right

**5-6MAN: Walk forward on left foot, walk forward on right foot**

**LADY: Drop left hands ½ turn right (LOD) step back on left foot, ½ turn right (LOD) step forward on right foot**

- 7&8 Reconnect left hands triple forward, left, right, left

## **STEP FORWARD, REPLACE, TRIPLE BACK, STEP BACK, REPLACE, TRIPLE FORWARD**

- 1** Step forward on right foot
- 2** Replace weight on left foot
- 3&4** Triple back; right, left, right, traveling (RLOD)
- 5** Step left foot back
- 6** Replace weight on right foot
- 7&8** Triple forward, left, right, left, traveling (LOD)

## **REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=42371](https://www.linedance.com/index.php?f=dance_view&id=42371)