

You're The One!

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Low Intermediate

Choreographer: David Rawsy (Mar 2011)

Music: 'The Way You Make Me Feel' by Michael Jackson, (iTunes)

(Step instructions by Earleen Wolford)

Start on vocals, no tags/no restarts,

Other music: Wildflower by The JaneDear Girls, available on Itunes

[1-8] R Kick ball, Step L, Slide R Toe, Touch, Coaster Step, ½ Turn R

- 1&2** Kick R forward (1), Step R to center (&) Step L slightly big to L (2) (L take wt)
- 3, 4** Slide R toe slightly close to L (3), Touch R toe next to L (4)
- 5&6** Step R back (5), Step L next to R (&), Step R forward (6) (R take weight)
- 7, 8** Step forward on L (7), Make ½ Turn R at same time pivoting on both feet (8) (R takes wt)
(6:00)

[9-16] 3 Touches(heel,toe,toe), Monterey ¼ Turn L, Cross, Step, Coaster Cross ¼ Turn R

- 9, 10** Touch L heel forward (9), Touch L toe back (10)
- 11&12** Touch L toe out to L (11), Bring L back to center, pivoting ¼ turn L (&), Point R out to R (12)
- 13,14** Cross R over L (13), Step L to L
- 15&16** Step R back (15), Step L next to R (&), Pivot ¼ turn R crossing R over L (16) (R take wt)
(6:00)

[17-24] Rock L, L Behind Side Cross, Boogie Walks (aka Shorty George)

- 17, 18** Rock L to L (17), Recover on R (18)
- 19&20** Step L behind R (19), Step R to R (&), Cross L over R (20) (R take wt)
- 21&22** Kick R out to R (21), Step R next to L (&), Step L slightly forward (22)
- 23** Step forward on R (bringing L knee in next to R) (23)
- 24** Step forward on L (bringing R knee in next to R) (24) (L take wt) (6:00)

Optional: 21-24, you can just walk forward 4 x's/R, L, R, L

[25-32] Hip Bumps, ¾ Spiral Turn L, Body Roll

- 25,26** Touch R toe forward, bumping R hip up (25), Step down on R as you bump R hip down (26)
- 27,28** Touch L toe forward, bumping L hip up (27), Step down on L as you bump L hip down (28) (L takes wt)
- 29,30** Cross R toe of L (29), $\frac{3}{4}$ Turn L, while pivoting on L (30)
- 31,32** Roll both your shoulders forward at the same (31), Bring both shoulders back to center, at same time, while rolling both your hips (32) (L takes weight) (9:00)

Optional: 31-32, you can bump hips to L 2 x's.

Begin again!

Enjoy & have fun dancing "You're the One! " Also, please feel free to use other music to do my dance, country or non country will work!

Any questions, please feel free to contact me via email at: drhunting140@yahoo.com